US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Mar 1722

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**6:27**	4.7	**6:54**	4.3	**12:12**	0.1	**12:54**	-0.2	6:34	5:51	
2	Mon	**7:04**	4.8	**7:31**	4.5	**12:56**	-0.1	**1:33**	-0.3	6:32	5:52	
3	Tue	**7:39**	4.8	**8:06**	4.5	**1:38**	-0.2	**2:10**	-0.4	6:31	5:53	
4	Wed	**8:12**	4.8	**8:40**	4.6	**2:18**	-0.2	**2:45**	-0.4	6:29	5:54	
5	Thu	**8:46**	4.7	**9:14**	4.6	**2:56**	-0.2	**3:17**	-0.3	6:27	5:56	
6	Fri	**9:22**	4.5	**9:51**	4.7	**3:33**	-0.2	**3:48**	-0.2	6:26	5:57	
7	Sat	**10:03**	4.4	**10:35**	4.7	**4:11**	-0.1	**4:20**	-0.1	6:24	5:58	
8	Sun	**10:53**	4.2	**11:26**	4.7	**4:55**	0.1	**4:58**	0.1	6:23	5:59	
9	Mon	**11:50**	4.0			**5:50**	0.3	**5:50**	0.3	6:21	6:00	
10	Tue	**12:24**	4.7	**12:52**	3.9	**7:01**	0.4	**7:04**	0.4	6:19	6:01	
11	Wed	**1:26**	4.8	**1:58**	3.9	**8:18**	0.3	**8:25**	0.3	6:18	6:02	
12	Thu	**2:33**	4.8	**3:10**	4.0	**9:27**	0.1	**9:37**	0.1	6:16	6:03	
13	Fri	**3:45**	5.0	**4:22**	4.3	**10:28**	-0.2	**10:40**	-0.2	6:15	6:04	
14	Sat	**4:52**	5.3	**5:23**	4.7	**11:23**	-0.6	**11:38**	-0.5	6:13	6:05	
15	Sun	**5:49**	5.5	**6:17**	5.1			**12:15**	-0.8	6:11	6:06	
16	Mon	**6:41**	5.7	**7:07**	5.4	**12:33**	-0.8	**1:05**	-1.0	6:10	6:07	
17	Tue	**7:29**	5.7	**7:54**	5.6	**1:26**	-0.9	**1:52**	-1.1	6:08	6:08	
18	Wed	**8:16**	5.6	**8:40**	5.5	**2:16**	-0.9	**2:37**	-1.0	6:06	6:09	
19	Thu	**9:03**	5.3	**9:26**	5.4	**3:03**	-0.8	**3:18**	-0.8	6:05	6:10	
20	Fri	**9:51**	5.0	**10:13**	5.1	**3:48**	-0.6	**3:58**	-0.5	6:03	6:11	
21	Sat	**10:41**	4.6	**11:00**	4.9	**4:32**	-0.2	**4:38**	-0.1	6:01	6:13	
22	Sun	**11:32**	4.2	**11:49**	4.6	**5:19**	0.2	**5:20**	0.4	6:00	6:14	
23	Mon			**12:23**	4.0	**6:13**	0.5	**6:10**	0.7	5:58	6:15	
24	Tue	**12:38**	4.4	**1:15**	3.8	**7:15**	0.8	**7:11**	1.0	5:57	6:16	
25	Wed	**1:29**	4.2	**2:09**	3.7	**8:19**	0.9	**8:17**	1.1	5:55	6:17	
26	Thu	**2:24**	4.1	**3:07**	3.7	**9:18**	0.8	**9:18**	1.0	5:53	6:18	
27	Fri	**3:24**	4.1	**4:07**	3.9	**10:09**	0.6	**10:11**	0.8	5:52	6:19	
28	Sat	**4:23**	4.2	**4:59**	4.1	**10:54**	0.4	**11:00**	0.6	5:50	6:20	
29	Sun	**5:13**	4.5	**5:44**	4.4	**11:37**	0.2	**11:45**	0.3	5:48	6:21	
30	Mon	**5:56**	4.7	**6:24**	4.7			**12:17**	0.0	5:47	6:22	
31	Tue	**6:34**	4.8	**7:00**	4.9	**12:30**	0.1	**12:57**	-0.1	5:45	6:23	