US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jan 1723

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:24	4.1	2:28	3.7	8:56	0.8	9:05	0.4	7:23	4:44	
2	Sat	3:15	4.3	3:29	3.7	9:52	0.5	9:55	0.2	7:24	4:45	
3	Sun	4:09	4.7	4:31	3.8	10:45	0.2	10:44	0.0	7:24	4:46	
4	Mon	5:01	5.0	5:26	4.0	11:36	-0.2	11:33	-0.2	7:24	4:47	
5	Tue	5:50	5.4	6:16	4.2			12:26	-0.5	7:24	4:48	
6	Wed	6:37	5.7	7:05	4.4	12:23	-0.4	1:18	-0.8	7:24	4:49	
7	Thu	7:25	5.8	7:54	4.6	1:16	-0.6	2:08	-1.0	7:24	4:49	
8	Fri	8:15	5.9	8:46	4.6	2:08	-0.7	2:56	-1.1	7:23	4:50	
9	Sat	9:07	5.8	9:41	4.7	2:59	-0.7	3:43	-1.1	7:23	4:51	
10	Sun	10:02	5.5	10:39	4.7	3:50	-0.6	4:30	-1.0	7:23	4:52	
11	Mon	10:59	5.2	11:37	4.7	4:44	-0.4	5:21	-0.8	7:23	4:54	
12	Tue	11:56	4.9			5:43	-0.2	6:16	-0.6	7:23	4:55	
13	Wed	12:34	4.7	12:52	4.6	6:50	0.1	7:14	-0.4	7:22	4:56	
14	Thu	1:29	4.7	1:48	4.3	8:00	0.2	8:14	-0.2	7:22	4:57	
15	Fri	2:25	4.7	2:47	4.0	9:06	0.2	9:11	-0.2	7:22	4:58	
16	Sat	3:23	4.7	3:49	3.9	10:05	0.1	10:04	-0.1	7:21	4:59	
17	Sun	4:22	4.7	4:49	3.9	10:58	0.0	10:54	-0.1	7:21	5:00	
18	Mon	5:15	4.8	5:42	4.0	11:48	-0.2	11:41	-0.1	7:20	5:01	
19	Tue	6:02	4.9	6:29	4.1			12:35	-0.3	7:20	5:02	
20	Wed	6:45	4.9	7:12	4.1	12:27	-0.1	1:20	-0.3	7:19	5:03	
21	Thu	7:25	4.9	7:54	4.1	1:12	-0.1	2:01	-0.4	7:18	5:05	
22	Fri	8:03	4.8	8:35	4.1	1:55	-0.1	2:40	-0.4	7:18	5:06	
23	Sat	8:41	4.7	9:16	4.0	2:35	0.0	3:16	-0.3	7:17	5:07	
24	Sun	9:18	4.5	9:57	4.0	3:13	0.1	3:50	-0.2	7:16	5:08	
25	Mon	9:55	4.3	10:38	3.9	3:50	0.2	4:22	-0.1	7:16	5:09	
26	Tue	10:33	4.1	11:20	3.9	4:26	0.4	4:54	0.1	7:15	5:11	
27	Wed	11:13	3.9			5:06	0.5	5:28	0.3	7:14	5:12	
28	Thu	12:01	3.9	11:58 AM	3.7	5:54	0.7	6:10	0.4	7:13	5:13	
29	Fri	12:43	4.0	12:46	3.6	6:58	0.8	7:05	0.5	7:12	5:14	
30	Sat	1:29	4.1	1:41	3.5	8:10	0.7	8:10	0.4	7:12	5:15	
31	Sun	2:23	4.3	2:45	3.5	9:16	0.5	9:14	0.3	7:11	5:17	