US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1723

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:24	4.8	6:42	5.9	12:32	0.0	12:25	0.2	4:32	7:33	
2	Fri	7:13	4.8	7:26	5.8	1:21	0.0	1:14	0.3	4:33	7:33	
3	Sat	8:00	4.7	8:09	5.6	2:08	0.0	2:01	0.4	4:33	7:33	
4	Sun	8:46	4.7	8:52	5.4	2:51	0.1	2:45	0.6	4:34	7:33	
5	Mon	9:34	4.6	9:36	5.2	3:32	0.2	3:26	0.7	4:34	7:33	
6	Tue	10:22	4.5	10:21	4.9	4:10	0.3	4:07	0.9	4:35	7:33	
7	Wed	11:10	4.5	11:06	4.7	4:48	0.5	4:49	1.1	4:35	7:32	
8	Thu	11:56	4.5	11:52	4.5	5:27	0.7	5:36	1.3	4:36	7:32	
9	Fri			12:40	4.5	6:10	0.8	6:32	1.4	4:37	7:32	
10	Sat	12:36	4.3	1:23	4.6	6:58	0.9	7:34	1.5	4:37	7:31	
11	Sun	1:20	4.2	2:06	4.7	7:48	1.0	8:36	1.4	4:38	7:31	
12	Mon	2:09	4.1	2:53	4.8	8:40	1.0	9:32	1.1	4:39	7:30	
13	Tue	3:05	4.0	3:45	5.0	9:30	0.9	10:25	0.9	4:39	7:30	
14	Wed	4:06	4.1	4:37	5.3	10:19	0.8	11:15	0.6	4:40	7:29	
15	Thu	5:04	4.2	5:27	5.6	11:08	0.6			4:41	7:29	
16	Fri	5:55	4.5	6:14	5.9	12:05	0.3	11:58 AM	0.4	4:42	7:28	
17	Sat	6:44	4.7	7:01	6.1	12:55	0.0	12:50	0.3	4:43	7:28	
18	Sun	7:32	4.9	7:49	6.2	1:45	-0.2	1:43	0.1	4:43	7:27	
19	Mon	8:22	5.0	8:39	6.2	2:33	-0.4	2:35	0.0	4:44	7:26	
20	Tue	9:15	5.1	9:32	6.0	3:19	-0.5	3:26	0.0	4:45	7:26	
21	Wed	10:11	5.3	10:28	5.8	4:05	-0.5	4:18	0.1	4:46	7:25	
22	Thu	11:08	5.4	11:25	5.5	4:52	-0.4	5:14	0.3	4:47	7:24	
23	Fri			12:04	5.4	5:43	-0.2	6:17	0.5	4:48	7:23	
24	Sat	12:21	5.3	12:59	5.5	6:39	0.0	7:26	0.7	4:48	7:23	
25	Sun	1:17	5.0	1:53	5.5	7:38	0.2	8:33	0.7	4:49	7:22	
26	Mon	2:14	4.7	2:49	5.5	8:37	0.3	9:35	0.6	4:50	7:21	
27	Tue	3:15	4.5	3:49	5.5	9:33	0.4	10:32	0.5	4:51	7:20	
28	Wed	4:18	4.5	4:46	5.5	10:27	0.4	11:24	0.4	4:52	7:19	
29	Thu	5:16	4.5	5:38	5.6	11:17	0.5			4:53	7:18	
30	Fri	6:08	4.6	6:24	5.6	12:13	0.3	12:06	0.5	4:54	7:17	
31	Sat	6:54	4.7	7:07	5.6	1:00	0.2	12:53	0.5	4:55	7:16	