US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jan 1730

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**5:15**	4.7	**5:43**	3.8	**11:47**	0.2	**11:36**	0.2	7:23	4:44	
2	Mon	**5:59**	4.8	**6:27**	3.9			**12:31**	0.0	7:24	4:45	
3	Tue	**6:38**	4.9	**7:08**	4.0	**12:20**	0.2	**1:14**	-0.1	7:24	4:46	
4	Wed	**7:15**	4.9	**7:47**	4.0	**1:03**	0.1	**1:55**	-0.2	7:24	4:47	
5	Thu	**7:50**	4.9	**8:25**	4.0	**1:46**	0.1	**2:34**	-0.2	7:24	4:48	
6	Fri	**8:24**	4.8	**9:03**	4.0	**2:26**	0.1	**3:09**	-0.2	7:24	4:49	
7	Sat	**8:57**	4.7	**9:41**	4.0	**3:04**	0.1	**3:42**	-0.2	7:23	4:50	
8	Sun	**9:34**	4.6	**10:22**	4.1	**3:40**	0.2	**4:14**	-0.2	7:23	4:51	
9	Mon	**10:16**	4.4	**11:07**	4.2	**4:19**	0.2	**4:48**	-0.1	7:23	4:52	
10	Tue	**11:06**	4.2	**11:56**	4.4	**5:04**	0.3	**5:27**	0.0	7:23	4:53	
11	Wed			**12:01**	4.1	**6:03**	0.4	**6:18**	0.1	7:23	4:54	
12	Thu	**12:49**	4.5	**1:00**	3.9	**7:17**	0.5	**7:24**	0.1	7:22	4:55	
13	Fri	**1:46**	4.7	**2:04**	3.8	**8:32**	0.3	**8:35**	0.0	7:22	4:56	
14	Sat	**2:49**	4.9	**3:16**	3.8	**9:40**	0.1	**9:42**	-0.2	7:22	4:57	
15	Sun	**3:58**	5.1	**4:28**	4.0	**10:42**	-0.3	**10:44**	-0.4	7:21	4:58	
16	Mon	**5:03**	5.4	**5:32**	4.3	**11:39**	-0.6	**11:42**	-0.6	7:21	4:59	
17	Tue	**6:00**	5.7	**6:29**	4.6			**12:34**	-0.9	7:20	5:00	
18	Wed	**6:53**	5.8	**7:22**	4.8	**12:40**	-0.8	**1:26**	-1.1	7:20	5:02	
19	Thu	**7:43**	5.8	**8:13**	4.9	**1:35**	-0.9	**2:16**	-1.3	7:19	5:03	
20	Fri	**8:33**	5.7	**9:03**	4.9	**2:27**	-0.9	**3:02**	-1.3	7:19	5:04	
21	Sat	**9:22**	5.4	**9:54**	4.9	**3:16**	-0.8	**3:45**	-1.1	7:18	5:05	
22	Sun	**10:11**	5.0	**10:44**	4.7	**4:03**	-0.5	**4:27**	-0.8	7:18	5:06	
23	Mon	**11:01**	4.6	**11:34**	4.6	**4:50**	-0.2	**5:09**	-0.5	7:17	5:07	
24	Tue	**11:51**	4.2			**5:41**	0.2	**5:54**	-0.1	7:16	5:09	
25	Wed	**12:22**	4.4	**12:40**	3.9	**6:39**	0.5	**6:43**	0.2	7:15	5:10	
26	Thu	**1:09**	4.2	**1:30**	3.6	**7:42**	0.7	**7:38**	0.5	7:15	5:11	
27	Fri	**1:57**	4.1	**2:23**	3.4	**8:45**	0.7	**8:36**	0.6	7:14	5:12	
28	Sat	**2:51**	4.1	**3:23**	3.3	**9:42**	0.6	**9:31**	0.5	7:13	5:13	
29	Sun	**3:49**	4.1	**4:24**	3.4	**10:33**	0.4	**10:23**	0.4	7:12	5:15	
30	Mon	**4:46**	4.2	**5:18**	3.6	**11:20**	0.2	**11:11**	0.3	7:11	5:16	
31	Tue	**5:34**	4.4	**6:04**	3.8			**12:04**	0.0	7:10	5:17	