US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Mar 1730

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:02	4.3	5:34	4.0	11:31	0.2	11:31	0.2	6:34	5:51	
2	Thu	5:46	4.5	6:16	4.3			12:13	-0.1	6:32	5:52	
3	Fri	6:26	4.8	6:53	4.6	12:17	0.0	12:53	-0.3	6:30	5:53	
4	Sat	7:03	4.9	7:29	4.8	1:02	-0.2	1:32	-0.4	6:29	5:55	
5	Sun	7:39	4.9	8:05	5.0	1:45	-0.4	2:09	-0.5	6:27	5:56	
6	Mon	8:16	4.9	8:42	5.1	2:28	-0.5	2:45	-0.5	6:26	5:57	
7	Tue	8:57	4.7	9:24	5.2	3:10	-0.5	3:21	-0.5	6:24	5:58	
8	Wed	9:42	4.5	10:12	5.1	3:52	-0.4	3:58	-0.4	6:23	5:59	
9	Thu	10:35	4.3	11:07	5.0	4:39	-0.2	4:41	-0.1	6:21	6:00	
10	Fri	11:35	4.1			5:34	0.0	5:34	0.1	6:19	6:01	
11	Sat	12:08	4.9	12:39	3.9	6:43	0.3	6:47	0.3	6:18	6:02	
12	Sun	1:11	4.8	1:45	3.9	7:59	0.3	8:08	0.4	6:16	6:03	
13	Mon	2:18	4.8	2:54	4.0	9:08	0.2	9:21	0.2	6:15	6:04	
14	Tue	3:27	4.8	4:04	4.3	10:09	-0.1	10:24	0.0	6:13	6:05	
15	Wed	4:33	5.0	5:06	4.6	11:02	-0.4	11:20	-0.3	6:11	6:06	
16	Thu	5:30	5.2	5:58	5.0	11:51	-0.6			6:10	6:07	
17	Fri	6:19	5.3	6:44	5.3	12:13	-0.5	12:38	-0.7	6:08	6:08	
18	Sat	7:04	5.3	7:27	5.4	1:03	-0.6	1:22	-0.8	6:06	6:09	
19	Sun	7:47	5.2	8:08	5.4	1:50	-0.6	2:03	-0.7	6:05	6:11	
20	Mon	8:29	5.0	8:48	5.3	2:33	-0.6	2:42	-0.5	6:03	6:12	
21	Tue	9:12	4.7	9:27	5.1	3:14	-0.4	3:18	-0.2	6:01	6:13	
22	Wed	9:56	4.4	10:08	4.8	3:54	-0.1	3:53	0.1	6:00	6:14	
23	Thu	10:43	4.1	10:52	4.5	4:33	0.2	4:27	0.4	5:58	6:15	
24	Fri	11:32	3.8	11:40	4.3	5:16	0.5	5:06	0.7	5:56	6:16	
25	Sat			12:23	3.6	6:08	0.8	5:55	1.0	5:55	6:17	
26	Sun	12:30	4.1	1:15	3.6	7:12	1.0	7:02	1.2	5:53	6:18	
27	Mon	1:22	4.0	2:10	3.6	8:18	1.0	8:15	1.2	5:51	6:19	
28	Tue	2:18	4.0	3:08	3.7	9:16	0.9	9:19	1.0	5:50	6:20	
29	Wed	3:19	4.1	4:06	3.9	10:06	0.6	10:13	0.7	5:48	6:21	
30	Thu	4:18	4.3	4:56	4.3	10:50	0.4	11:02	0.4	5:47	6:22	
31	Fri	5:08	4.5	5:40	4.7	11:32	0.1	11:49	0.1	5:45	6:23	