US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jun 1730

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:22	5.0	7:43	6.5	1:34	-0.5	1:34	-0.2	4:31	7:23	
2	Fri	8:17	5.1	8:37	6.4	2:27	-0.6	2:29	-0.2	4:30	7:24	
3	Sat	9:14	5.1	9:33	6.2	3:18	-0.6	3:22	-0.1	4:30	7:24	
4	Sun	10:14	5.1	10:32	5.9	4:08	-0.5	4:16	0.1	4:30	7:25	
5	Mon	11:15	5.1	11:31	5.6	4:59	-0.4	5:14	0.4	4:29	7:26	
6	Tue			12:13	5.1	5:54	-0.1	6:18	0.6	4:29	7:26	
7	Wed	12:27	5.3	1:07	5.2	6:51	0.1	7:25	0.8	4:29	7:27	
8	Thu	1:21	5.0	2:00	5.2	7:48	0.2	8:30	0.8	4:29	7:27	
9	Fri	2:14	4.7	2:52	5.2	8:41	0.3	9:29	0.8	4:28	7:28	
10	Sat	3:10	4.5	3:45	5.2	9:31	0.4	10:22	0.7	4:28	7:29	
11	Sun	4:07	4.4	4:36	5.3	10:17	0.5	11:10	0.6	4:28	7:29	
12	Mon	5:01	4.4	5:23	5.4	11:01	0.6	11:56	0.5	4:28	7:30	
13	Tue	5:50	4.4	6:05	5.5	11:44	0.6			4:28	7:30	
14	Wed	6:34	4.4	6:45	5.5	12:41	0.4	12:27	0.6	4:28	7:31	
15	Thu	7:17	4.4	7:23	5.4	1:24	0.3	1:11	0.7	4:28	7:31	
16	Fri	7:58	4.4	8:00	5.3	2:06	0.3	1:54	0.7	4:28	7:31	
17	Sat	8:40	4.4	8:36	5.2	2:46	0.3	2:35	0.8	4:28	7:32	
18	Sun	9:23	4.3	9:13	5.1	3:23	0.4	3:13	0.9	4:28	7:32	
19	Mon	10:06	4.3	9:50	4.9	3:58	0.4	3:50	1.0	4:28	7:32	
20	Tue	10:50	4.3	10:31	4.8	4:32	0.5	4:29	1.1	4:28	7:33	
21	Wed	11:33	4.4	11:16	4.6	5:06	0.6	5:12	1.2	4:29	7:33	
22	Thu			12:16	4.6	5:45	0.7	6:07	1.3	4:29	7:33	
23	Fri	12:06	4.5	1:00	4.8	6:32	0.7	7:15	1.2	4:29	7:33	
24	Sat	12:58	4.4	1:47	5.0	7:27	0.7	8:25	1.1	4:29	7:33	
25	Sun	1:54	4.4	2:42	5.3	8:27	0.6	9:29	0.8	4:30	7:33	
26	Mon	2:59	4.3	3:43	5.6	9:27	0.5	10:29	0.4	4:30	7:33	
27	Tue	4:08	4.4	4:44	5.9	10:25	0.3	11:25	0.1	4:30	7:34	
28	Wed	5:14	4.6	5:42	6.2	11:22	0.1			4:31	7:34	
29	Thu	6:12	4.9	6:37	6.5	12:22	-0.2	12:21	-0.1	4:31	7:34	
30	Fri	7:08	5.1	7:30	6.5	1:17	-0.5	1:19	-0.2	4:32	7:33	