US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Aug 1730

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:30	5.7	9:47	5.8	3:23	-0.7	3:43	-0.1	4:56	7:15	
2	Wed	10:22	5.6	10:39	5.4	4:06	-0.5	4:32	0.2	4:57	7:14	
3	Thu	11:14	5.4	11:32	5.0	4:50	-0.1	5:24	0.6	4:58	7:12	
4	Fri			12:05	5.3	5:35	0.3	6:21	0.9	4:59	7:11	
5	Sat	12:23	4.6	12:53	5.1	6:25	0.6	7:24	1.1	5:00	7:10	
6	Sun	1:14	4.3	1:42	5.0	7:19	0.9	8:27	1.2	5:01	7:09	
7	Mon	2:06	4.1	2:33	4.9	8:17	1.1	9:25	1.2	5:02	7:08	
8	Tue	3:03	4.0	3:29	4.9	9:12	1.1	10:17	1.0	5:03	7:07	
9	Wed	4:03	4.0	4:25	4.9	10:04	1.1	11:03	0.9	5:04	7:05	
10	Thu	4:58	4.2	5:15	5.1	10:52	1.0	11:47	0.7	5:05	7:04	
11	Fri	5:47	4.4	5:58	5.2	11:39	0.8			5:06	7:03	
12	Sat	6:29	4.6	6:37	5.4	12:29	0.5	12:24	0.7	5:07	7:02	
13	Sun	7:08	4.8	7:13	5.4	1:10	0.4	1:08	0.6	5:08	7:00	
14	Mon	7:45	4.9	7:47	5.4	1:48	0.3	1:50	0.6	5:09	6:59	
15	Tue	8:20	5.0	8:20	5.3	2:24	0.2	2:30	0.5	5:10	6:58	
16	Wed	8:55	5.1	8:54	5.1	2:57	0.2	3:09	0.6	5:11	6:56	
17	Thu	9:31	5.1	9:32	4.9	3:28	0.3	3:47	0.6	5:12	6:55	
18	Fri	10:11	5.2	10:17	4.7	3:59	0.4	4:28	0.7	5:13	6:53	
19	Sat	10:59	5.2	11:11	4.5	4:33	0.5	5:17	0.9	5:14	6:52	
20	Sun	11:54	5.3			5:15	0.6	6:21	1.0	5:15	6:51	
21	Mon	12:12	4.4	12:52	5.4	6:14	0.8	7:37	1.0	5:16	6:49	
22	Tue	1:15	4.3	1:55	5.4	7:32	0.8	8:50	0.9	5:17	6:48	
23	Wed	2:24	4.3	3:03	5.6	8:50	0.7	9:54	0.6	5:18	6:46	
24	Thu	3:37	4.5	4:12	5.8	9:58	0.5	10:51	0.2	5:19	6:45	
25	Fri	4:46	4.9	5:13	6.0	10:59	0.2	11:44	-0.1	5:20	6:43	
26	Sat	5:44	5.3	6:07	6.2	11:56	0.0			5:21	6:42	
27	Sun	6:36	5.6	6:57	6.3	12:35	-0.4	12:51	-0.2	5:22	6:40	
28	Mon	7:25	5.9	7:45	6.2	1:24	-0.6	1:44	-0.3	5:22	6:39	
29	Tue	8:13	6.0	8:32	5.9	2:10	-0.6	2:34	-0.2	5:23	6:37	
30	Wed	9:00	5.9	9:19	5.6	2:53	-0.5	3:20	0.0	5:24	6:35	
31	Thu	9:47	5.7	10:08	5.2	3:34	-0.2	4:06	0.3	5:25	6:34	