US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Aug 1731

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:23	4.6	6:35	5.4	12:26	0.4	12:19	0.7	4:56	7:15	
2	Thu	7:04	4.7	7:13	5.4	1:08	0.4	1:03	0.6	4:57	7:14	
3	Fri	7:44	4.8	7:50	5.3	1:47	0.3	1:46	0.6	4:58	7:13	
4	Sat	8:23	4.9	8:25	5.2	2:24	0.3	2:27	0.6	4:59	7:12	
5	Sun	9:00	4.9	8:58	5.0	2:58	0.3	3:05	0.7	5:00	7:10	
6	Mon	9:37	4.8	9:32	4.8	3:30	0.4	3:41	0.8	5:01	7:09	
7	Tue	10:14	4.8	10:08	4.6	3:59	0.5	4:17	0.9	5:02	7:08	
8	Wed	10:53	4.8	10:50	4.4	4:28	0.6	4:56	1.1	5:03	7:07	
9	Thu	11:35	4.9	11:39	4.3	4:59	0.8	5:45	1.2	5:04	7:06	
10	Fri			12:22	5.0	5:39	0.9	6:51	1.3	5:05	7:04	
11	Sat	12:34	4.2	1:14	5.1	6:37	1.0	8:04	1.2	5:06	7:03	
12	Sun	1:34	4.1	2:13	5.2	7:54	1.0	9:12	0.9	5:07	7:02	
13	Mon	2:41	4.2	3:20	5.5	9:07	0.8	10:12	0.6	5:08	7:01	
14	Tue	3:54	4.4	4:27	5.8	10:12	0.5	11:07	0.2	5:09	6:59	
15	Wed	4:59	4.8	5:26	6.1	11:11	0.2			5:09	6:58	
16	Thu	5:56	5.3	6:19	6.4	12:00	-0.2	12:09	-0.1	5:10	6:57	
17	Fri	6:49	5.7	7:10	6.5	12:51	-0.5	1:05	-0.3	5:11	6:55	
18	Sat	7:39	5.9	8:00	6.4	1:41	-0.7	2:00	-0.5	5:12	6:54	
19	Sun	8:30	6.1	8:51	6.2	2:29	-0.8	2:52	-0.4	5:13	6:52	
20	Mon	9:22	6.1	9:43	5.8	3:14	-0.8	3:42	-0.3	5:14	6:51	
21	Tue	10:15	5.9	10:38	5.4	3:59	-0.5	4:34	0.0	5:15	6:49	
22	Wed	11:10	5.7	11:34	5.0	4:45	-0.2	5:28	0.4	5:16	6:48	
23	Thu			12:05	5.5	5:35	0.3	6:30	0.8	5:17	6:46	
24	Fri	12:30	4.7	12:58	5.3	6:32	0.7	7:37	1.0	5:18	6:45	
25	Sat	1:25	4.4	1:52	5.1	7:34	1.0	8:42	1.0	5:19	6:43	
26	Sun	2:22	4.3	2:48	4.9	8:36	1.1	9:40	1.0	5:20	6:42	
27	Mon	3:22	4.2	3:47	4.9	9:34	1.1	10:29	0.9	5:21	6:40	
28	Tue	4:21	4.3	4:42	5.0	10:25	1.0	11:14	0.7	5:22	6:39	
29	Wed	5:13	4.6	5:29	5.2	11:11	0.9	11:55	0.6	5:23	6:37	
30	Thu	5:57	4.8	6:10	5.3	11:56	0.7			5:24	6:36	
31	Fri	6:37	5.0	6:48	5.3	12:35	0.4	12:39	0.6	5:25	6:34	