US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Aug 1739

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**5:10**	4.4	**5:28**	5.3	**11:06**	0.8	**11:59**	0.5	4:56	7:15	
2	Sun	**5:57**	4.5	**6:10**	5.4	**11:51**	0.7			4:57	7:14	
3	Mon	**6:40**	4.6	**6:49**	5.4	**12:42**	0.4	**12:35**	0.6	4:58	7:13	
4	Tue	**7:20**	4.7	**7:26**	5.5	**1:24**	0.3	**1:19**	0.6	4:59	7:12	
5	Wed	**7:59**	4.8	**8:01**	5.4	**2:04**	0.2	**2:01**	0.6	5:00	7:10	
6	Thu	**8:38**	4.8	**8:35**	5.3	**2:42**	0.2	**2:41**	0.6	5:01	7:09	
7	Fri	**9:15**	4.8	**9:09**	5.2	**3:17**	0.2	**3:19**	0.7	5:02	7:08	
8	Sat	**9:54**	4.8	**9:48**	5.0	**3:50**	0.3	**3:56**	0.7	5:03	7:07	
9	Sun	**10:35**	4.8	**10:33**	4.9	**4:22**	0.4	**4:37**	0.8	5:04	7:06	
10	Mon	**11:21**	5.0	**11:25**	4.8	**4:57**	0.5	**5:25**	0.9	5:05	7:04	
11	Tue			**12:11**	5.1	**5:40**	0.6	**6:28**	1.0	5:06	7:03	
12	Wed	**12:21**	4.6	**1:05**	5.3	**6:38**	0.7	**7:41**	1.0	5:07	7:02	
13	Thu	**1:21**	4.6	**2:02**	5.4	**7:47**	0.7	**8:51**	0.8	5:08	7:01	
14	Fri	**2:25**	4.5	**3:07**	5.6	**8:56**	0.5	**9:55**	0.4	5:09	6:59	
15	Sat	**3:36**	4.7	**4:13**	5.9	**10:00**	0.3	**10:53**	0.1	5:10	6:58	
16	Sun	**4:45**	4.9	**5:15**	6.2	**11:00**	0.1	**11:49**	-0.2	5:11	6:56	
17	Mon	**5:45**	5.2	**6:11**	6.4	**11:58**	-0.2			5:12	6:55	
18	Tue	**6:40**	5.5	**7:03**	6.5	**12:42**	-0.5	**12:54**	-0.3	5:13	6:54	
19	Wed	**7:32**	5.7	**7:53**	6.4	**1:34**	-0.7	**1:49**	-0.4	5:14	6:52	
20	Thu	**8:23**	5.8	**8:43**	6.2	**2:23**	-0.7	**2:41**	-0.3	5:14	6:51	
21	Fri	**9:14**	5.8	**9:34**	5.9	**3:10**	-0.6	**3:30**	-0.1	5:15	6:49	
22	Sat	**10:06**	5.6	**10:26**	5.5	**3:54**	-0.4	**4:18**	0.2	5:16	6:48	
23	Sun	**10:58**	5.5	**11:18**	5.1	**4:37**	-0.1	**5:08**	0.5	5:17	6:46	
24	Mon	**11:49**	5.3			**5:23**	0.3	**6:03**	0.8	5:18	6:45	
25	Tue	**12:10**	4.8	**12:39**	5.1	**6:12**	0.7	**7:04**	1.1	5:19	6:43	
26	Wed	**1:01**	4.5	**1:27**	5.0	**7:06**	1.0	**8:07**	1.2	5:20	6:42	
27	Thu	**1:53**	4.3	**2:17**	4.9	**8:04**	1.1	**9:05**	1.2	5:21	6:40	
28	Fri	**2:48**	4.2	**3:11**	4.9	**8:59**	1.2	**9:57**	1.0	5:22	6:39	
29	Sat	**3:46**	4.2	**4:07**	4.9	**9:52**	1.1	**10:44**	0.9	5:23	6:37	
30	Sun	**4:41**	4.4	**4:58**	5.1	**10:40**	1.0	**11:28**	0.7	5:24	6:36	
31	Mon	**5:30**	4.6	**5:43**	5.3	**11:26**	0.8			5:25	6:34	