US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1740

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:01	4.5	12:54	4.5	6:27	0.9	6:50	1.4	4:33	7:33	
2	Sat	12:46	4.4	1:37	4.6	7:18	0.9	7:55	1.4	4:33	7:33	
3	Sun	1:33	4.3	2:22	4.8	8:11	0.9	8:56	1.2	4:34	7:33	
4	Mon	2:27	4.3	3:13	5.0	9:03	0.8	9:53	0.9	4:34	7:33	
5	Tue	3:28	4.3	4:08	5.4	9:54	0.6	10:46	0.5	4:35	7:33	
6	Wed	4:31	4.4	5:02	5.7	10:45	0.4	11:39	0.2	4:35	7:32	
7	Thu	5:28	4.6	5:53	6.1	11:36	0.2			4:36	7:32	
8	Fri	6:21	4.8	6:42	6.3	12:31	-0.1	12:30	0.0	4:37	7:32	
9	Sat	7:12	5.0	7:32	6.4	1:24	-0.4	1:25	-0.1	4:37	7:31	
10	Sun	8:05	5.2	8:25	6.4	2:15	-0.6	2:19	-0.2	4:38	7:31	
11	Mon	9:00	5.3	9:19	6.3	3:05	-0.7	3:12	-0.2	4:39	7:30	
12	Tue	9:57	5.3	10:16	6.0	3:53	-0.7	4:05	0.0	4:39	7:30	
13	Wed	10:56	5.4	11:14	5.7	4:42	-0.5	5:00	0.2	4:40	7:29	
14	Thu	11:54	5.4			5:34	-0.3	6:02	0.4	4:41	7:29	
15	Fri	12:11	5.4	12:49	5.4	6:30	-0.1	7:09	0.6	4:42	7:28	
16	Sat	1:05	5.1	1:42	5.4	7:28	0.1	8:15	0.7	4:43	7:28	
17	Sun	2:00	4.8	2:36	5.4	8:25	0.3	9:17	0.7	4:43	7:27	
18	Mon	2:58	4.6	3:33	5.4	9:19	0.4	10:13	0.6	4:44	7:26	
19	Tue	3:58	4.5	4:28	5.4	10:10	0.5	11:04	0.5	4:45	7:26	
20	Wed	4:55	4.5	5:18	5.5	10:58	0.5	11:52	0.4	4:46	7:25	
21	Thu	5:46	4.6	6:04	5.5	11:44	0.5			4:47	7:24	
22	Fri	6:32	4.6	6:45	5.5	12:37	0.3	12:29	0.6	4:48	7:23	
23	Sat	7:15	4.7	7:25	5.5	1:22	0.3	1:14	0.6	4:48	7:23	
24	Sun	7:57	4.7	8:03	5.4	2:03	0.2	1:57	0.6	4:49	7:22	
25	Mon	8:39	4.7	8:40	5.3	2:42	0.2	2:38	0.7	4:50	7:21	
26	Tue	9:20	4.6	9:17	5.1	3:18	0.3	3:16	0.8	4:51	7:20	
27	Wed	10:02	4.6	9:55	4.9	3:52	0.4	3:53	0.9	4:52	7:19	
28	Thu	10:44	4.5	10:34	4.7	4:25	0.5	4:31	1.0	4:53	7:18	
29	Fri	11:26	4.6	11:16	4.5	4:58	0.7	5:13	1.2	4:54	7:17	
30	Sat			12:07	4.6	5:33	0.8	6:04	1.3	4:55	7:16	
31	Sun	12:03	4.4	12:50	4.8	6:17	0.9	7:09	1.3	4:56	7:15	