US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1744

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:04	4.3	5:36	0.7	5:51	1.5	4:33	7:33	
2	Thu	12:03	4.5	12:44	4.5	6:19	0.8	6:54	1.5	4:33	7:33	
3	Fri	12:49	4.4	1:26	4.7	7:08	0.8	8:02	1.4	4:34	7:33	
4	Sat	1:38	4.3	2:13	5.0	8:02	0.8	9:06	1.1	4:34	7:33	
5	Sun	2:35	4.2	3:08	5.2	8:58	0.7	10:05	0.8	4:35	7:33	
6	Mon	3:40	4.2	4:08	5.5	9:53	0.5	11:00	0.5	4:35	7:32	
7	Tue	4:46	4.4	5:07	5.9	10:48	0.3	11:55	0.2	4:36	7:32	
8	Wed	5:44	4.6	6:02	6.2	11:44	0.1			4:37	7:32	
9	Thu	6:39	4.8	6:55	6.4	12:50	-0.1	12:41	0.0	4:37	7:31	
10	Fri	7:33	5.0	7:48	6.4	1:44	-0.4	1:39	-0.1	4:38	7:31	
11	Sat	8:28	5.2	8:42	6.3	2:35	-0.5	2:35	-0.2	4:39	7:30	
12	Sun	9:24	5.3	9:37	6.1	3:24	-0.6	3:28	-0.1	4:39	7:30	
13	Mon	10:21	5.4	10:33	5.8	4:12	-0.6	4:21	0.1	4:40	7:29	
14	Tue	11:19	5.4	11:30	5.4	5:01	-0.4	5:17	0.3	4:41	7:29	
15	Wed			12:14	5.4	5:52	-0.1	6:19	0.6	4:42	7:28	
16	Thu	12:24	5.1	1:06	5.4	6:46	0.1	7:24	0.8	4:43	7:28	
17	Fri	1:17	4.8	1:57	5.4	7:42	0.4	8:28	0.9	4:43	7:27	
18	Sat	2:10	4.4	2:49	5.3	8:37	0.6	9:28	0.8	4:44	7:26	
19	Sun	3:08	4.2	3:44	5.3	9:30	0.7	10:21	0.8	4:45	7:26	
20	Mon	4:08	4.1	4:38	5.3	10:19	0.8	11:10	0.7	4:46	7:25	
21	Tue	5:05	4.2	5:27	5.3	11:06	0.8	11:57	0.6	4:47	7:24	
22	Wed	5:54	4.3	6:11	5.4	11:51	0.8			4:48	7:23	
23	Thu	6:38	4.4	6:52	5.4	12:41	0.5	12:37	0.8	4:48	7:23	
24	Fri	7:20	4.4	7:31	5.4	1:25	0.4	1:21	0.8	4:49	7:22	
25	Sat	8:00	4.5	8:09	5.3	2:05	0.3	2:04	0.8	4:50	7:21	
26	Sun	8:40	4.5	8:45	5.2	2:43	0.3	2:44	0.8	4:51	7:20	
27	Mon	9:18	4.5	9:21	5.0	3:17	0.3	3:21	0.9	4:52	7:19	
28	Tue	9:56	4.5	9:58	4.9	3:50	0.4	3:56	1.0	4:53	7:18	
29	Wed	10:34	4.6	10:37	4.7	4:21	0.5	4:33	1.1	4:54	7:17	
30	Thu	11:14	4.6	11:21	4.5	4:52	0.6	5:15	1.2	4:55	7:16	
31	Fri	11:56	4.8			5:27	0.7	6:10	1.3	4:56	7:15	