US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Mar 1745

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:21**	4.6	**6:44**	4.2	**12:07**	0.2	**12:40**	-0.1	6:33	5:52	
2	Tue	**6:59**	4.7	**7:20**	4.4	**12:50**	0.1	**1:18**	-0.2	6:31	5:53	
3	Wed	**7:35**	4.7	**7:55**	4.5	**1:31**	0.0	**1:54**	-0.3	6:30	5:54	
4	Thu	**8:09**	4.7	**8:27**	4.5	**2:10**	-0.1	**2:28**	-0.3	6:28	5:55	
5	Fri	**8:42**	4.5	**8:58**	4.5	**2:47**	0.0	**2:59**	-0.2	6:27	5:56	
6	Sat	**9:14**	4.3	**9:27**	4.5	**3:21**	0.0	**3:28**	-0.1	6:25	5:57	
7	Sun	**9:48**	4.1	**9:59**	4.5	**3:55**	0.2	**3:55**	0.1	6:24	5:58	
8	Mon	**10:27**	3.9	**10:38**	4.5	**4:29**	0.3	**4:24**	0.2	6:22	5:59	
9	Tue	**11:15**	3.7	**11:28**	4.5	**5:10**	0.5	**5:01**	0.4	6:20	6:00	
10	Wed			**12:11**	3.6	**6:07**	0.7	**5:52**	0.6	6:19	6:01	
11	Thu	**12:26**	4.5	**1:13**	3.5	**7:28**	0.7	**7:11**	0.7	6:17	6:02	
12	Fri	**1:31**	4.5	**2:22**	3.6	**8:46**	0.6	**8:37**	0.5	6:16	6:04	
13	Sat	**2:43**	4.6	**3:35**	3.9	**9:51**	0.3	**9:49**	0.2	6:14	6:05	
14	Sun	**3:58**	4.9	**4:42**	4.3	**10:47**	-0.1	**10:51**	-0.2	6:12	6:06	
15	Mon	**5:04**	5.2	**5:39**	4.9	**11:39**	-0.5	**11:49**	-0.6	6:11	6:07	
16	Tue	**5:59**	5.5	**6:30**	5.4			**12:29**	-0.9	6:09	6:08	
17	Wed	**6:49**	5.7	**7:19**	5.7	**12:44**	-0.9	**1:17**	-1.1	6:07	6:09	
18	Thu	**7:37**	5.7	**8:06**	5.9	**1:37**	-1.1	**2:04**	-1.2	6:06	6:10	
19	Fri	**8:26**	5.5	**8:54**	5.9	**2:28**	-1.1	**2:48**	-1.1	6:04	6:11	
20	Sat	**9:15**	5.2	**9:43**	5.7	**3:17**	-0.9	**3:32**	-0.8	6:02	6:12	
21	Sun	**10:07**	4.8	**10:34**	5.4	**4:04**	-0.7	**4:15**	-0.4	6:01	6:13	
22	Mon	**11:01**	4.4	**11:28**	5.0	**4:53**	-0.2	**5:01**	0.1	5:59	6:14	
23	Tue	**11:58**	4.1			**5:48**	0.2	**5:53**	0.6	5:57	6:15	
24	Wed	**12:22**	4.7	**12:54**	3.8	**6:51**	0.5	**6:58**	0.9	5:56	6:16	
25	Thu	**1:17**	4.4	**1:51**	3.6	**7:59**	0.7	**8:09**	1.1	5:54	6:17	
26	Fri	**2:15**	4.2	**2:52**	3.6	**9:03**	0.8	**9:14**	1.0	5:53	6:18	
27	Sat	**3:16**	4.2	**3:54**	3.8	**9:57**	0.7	**10:09**	0.9	5:51	6:19	
28	Sun	**4:16**	4.2	**4:49**	4.0	**10:43**	0.5	**10:57**	0.7	5:49	6:20	
29	Mon	**5:08**	4.4	**5:35**	4.3	**11:24**	0.3	**11:41**	0.5	5:48	6:21	
30	Tue	**5:51**	4.6	**6:14**	4.6			**12:03**	0.2	5:46	6:22	
31	Wed	**6:30**	4.7	**6:49**	4.8	**12:24**	0.3	**12:40**	0.0	5:44	6:23	