US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1745

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**8:43**	4.8	**8:50**	6.0	**2:53**	-0.2	**2:47**	0.2	4:32	7:33	
2	Fri	**9:36**	4.9	**9:44**	5.9	**3:38**	-0.3	**3:37**	0.2	4:33	7:33	
3	Sat	**10:33**	5.1	**10:40**	5.6	**4:24**	-0.3	**4:29**	0.3	4:34	7:33	
4	Sun	**11:29**	5.2	**11:37**	5.4	**5:12**	-0.2	**5:27**	0.5	4:34	7:33	
5	Mon			**12:24**	5.4	**6:04**	0.0	**6:32**	0.6	4:35	7:33	
6	Tue	**12:33**	5.1	**1:18**	5.5	**7:00**	0.1	**7:40**	0.7	4:35	7:32	
7	Wed	**1:28**	4.8	**2:12**	5.5	**7:58**	0.2	**8:47**	0.7	4:36	7:32	
8	Thu	**2:26**	4.6	**3:08**	5.6	**8:56**	0.3	**9:48**	0.6	4:37	7:32	
9	Fri	**3:29**	4.4	**4:07**	5.6	**9:51**	0.4	**10:44**	0.4	4:37	7:31	
10	Sat	**4:32**	4.4	**5:03**	5.7	**10:43**	0.4	**11:36**	0.3	4:38	7:31	
11	Sun	**5:30**	4.4	**5:54**	5.7	**11:34**	0.5			4:39	7:31	
12	Mon	**6:22**	4.5	**6:40**	5.7	**12:26**	0.3	**12:23**	0.5	4:39	7:30	
13	Tue	**7:09**	4.6	**7:24**	5.6	**1:14**	0.2	**1:12**	0.6	4:40	7:30	
14	Wed	**7:53**	4.6	**8:06**	5.5	**2:00**	0.2	**1:58**	0.6	4:41	7:29	
15	Thu	**8:37**	4.6	**8:47**	5.3	**2:41**	0.2	**2:41**	0.7	4:42	7:28	
16	Fri	**9:21**	4.5	**9:29**	5.1	**3:18**	0.2	**3:21**	0.8	4:42	7:28	
17	Sat	**10:05**	4.5	**10:10**	4.9	**3:54**	0.3	**4:00**	1.0	4:43	7:27	
18	Sun	**10:49**	4.5	**10:53**	4.6	**4:28**	0.5	**4:40**	1.2	4:44	7:27	
19	Mon	**11:32**	4.5	**11:36**	4.4	**5:02**	0.6	**5:23**	1.3	4:45	7:26	
20	Tue			**12:13**	4.6	**5:38**	0.8	**6:15**	1.5	4:46	7:25	
21	Wed	**12:20**	4.2	**12:52**	4.6	**6:20**	0.9	**7:18**	1.5	4:47	7:24	
22	Thu	**1:05**	4.1	**1:34**	4.7	**7:10**	1.0	**8:24**	1.4	4:47	7:24	
23	Fri	**1:55**	3.9	**2:21**	4.9	**8:07**	1.1	**9:24**	1.2	4:48	7:23	
24	Sat	**2:54**	3.9	**3:18**	5.0	**9:05**	1.0	**10:20**	1.0	4:49	7:22	
25	Sun	**3:59**	4.0	**4:18**	5.3	**10:02**	0.8	**11:12**	0.6	4:50	7:21	
26	Mon	**5:01**	4.2	**5:15**	5.6	**10:57**	0.6			4:51	7:20	
27	Tue	**5:55**	4.5	**6:07**	5.9	**12:03**	0.3	**11:51 AM**	0.4	4:52	7:19	
28	Wed	**6:45**	4.8	**6:57**	6.2	**12:54**	0.0	**12:46**	0.1	4:53	7:18	
29	Thu	**7:34**	5.1	**7:46**	6.3	**1:44**	-0.3	**1:41**	0.0	4:54	7:17	
30	Fri	**8:24**	5.3	**8:36**	6.2	**2:31**	-0.5	**2:34**	-0.2	4:55	7:16	
31	Sat	**9:16**	5.5	**9:27**	6.0	**3:16**	-0.6	**3:25**	-0.2	4:56	7:15	