US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1757

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**6:53**	5.2	**7:16**	6.6	**1:03**	-0.5	**1:07**	-0.3	4:33	7:33	
2	Sat	**7:47**	5.4	**8:09**	6.6	**1:57**	-0.7	**2:03**	-0.4	4:33	7:33	
3	Sun	**8:43**	5.4	**9:04**	6.4	**2:48**	-0.8	**2:57**	-0.3	4:34	7:33	
4	Mon	**9:41**	5.4	**10:00**	6.1	**3:38**	-0.8	**3:50**	-0.2	4:34	7:33	
5	Tue	**10:40**	5.4	**10:58**	5.8	**4:28**	-0.6	**4:44**	0.1	4:35	7:33	
6	Wed	**11:38**	5.4	**11:55**	5.5	**5:19**	-0.4	**5:43**	0.4	4:35	7:32	
7	Thu			**12:33**	5.3	**6:14**	-0.1	**6:47**	0.6	4:36	7:32	
8	Fri	**12:49**	5.2	**1:26**	5.3	**7:11**	0.1	**7:53**	0.8	4:37	7:32	
9	Sat	**1:42**	4.9	**2:18**	5.2	**8:07**	0.3	**8:55**	0.8	4:37	7:31	
10	Sun	**2:37**	4.6	**3:12**	5.2	**9:00**	0.4	**9:51**	0.7	4:38	7:31	
11	Mon	**3:34**	4.5	**4:06**	5.2	**9:50**	0.5	**10:41**	0.6	4:39	7:30	
12	Tue	**4:30**	4.4	**4:56**	5.3	**10:36**	0.5	**11:28**	0.5	4:39	7:30	
13	Wed	**5:22**	4.5	**5:41**	5.4	**11:21**	0.6			4:40	7:30	
14	Thu	**6:09**	4.6	**6:23**	5.5	**12:13**	0.4	**12:04**	0.6	4:41	7:29	
15	Fri	**6:52**	4.6	**7:02**	5.5	**12:57**	0.3	**12:48**	0.6	4:42	7:28	
16	Sat	**7:33**	4.7	**7:39**	5.4	**1:39**	0.3	**1:32**	0.6	4:42	7:28	
17	Sun	**8:14**	4.7	**8:16**	5.3	**2:19**	0.2	**2:13**	0.6	4:43	7:27	
18	Mon	**8:55**	4.6	**8:51**	5.2	**2:57**	0.2	**2:53**	0.7	4:44	7:27	
19	Tue	**9:36**	4.6	**9:26**	5.1	**3:32**	0.3	**3:30**	0.8	4:45	7:26	
20	Wed	**10:17**	4.5	**10:04**	4.9	**4:06**	0.4	**4:07**	0.9	4:46	7:25	
21	Thu	**10:58**	4.6	**10:46**	4.8	**4:39**	0.5	**4:46**	1.0	4:47	7:24	
22	Fri	**11:41**	4.6	**11:34**	4.7	**5:14**	0.6	**5:33**	1.1	4:48	7:24	
23	Sat			**12:26**	4.8	**5:56**	0.7	**6:34**	1.2	4:48	7:23	
24	Sun	**12:26**	4.6	**1:14**	5.0	**6:50**	0.7	**7:44**	1.1	4:49	7:22	
25	Mon	**1:22**	4.5	**2:07**	5.2	**7:53**	0.7	**8:53**	0.9	4:50	7:21	
26	Tue	**2:23**	4.5	**3:07**	5.5	**8:57**	0.5	**9:55**	0.5	4:51	7:20	
27	Wed	**3:32**	4.6	**4:12**	5.8	**9:58**	0.3	**10:53**	0.2	4:52	7:19	
28	Thu	**4:41**	4.8	**5:12**	6.1	**10:56**	0.1	**11:48**	-0.2	4:53	7:18	
29	Fri	**5:42**	5.1	**6:08**	6.4	**11:54**	-0.2			4:54	7:17	
30	Sat	**6:37**	5.4	**7:01**	6.6	**12:43**	-0.5	**12:51**	-0.3	4:55	7:16	
31	Sun	**7:31**	5.6	**7:53**	6.6	**1:37**	-0.7	**1:48**	-0.4	4:56	7:15	