US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1759

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:07	4.6	12:52	4.6	6:29	0.8	6:49	1.4	4:32	7:33	
2	Mon	12:53	4.4	1:37	4.6	7:19	0.9	7:50	1.4	4:33	7:33	
3	Tue	1:39	4.3	2:23	4.7	8:09	0.9	8:48	1.3	4:33	7:33	
4	Wed	2:29	4.1	3:11	4.8	8:58	0.9	9:42	1.1	4:34	7:33	
5	Thu	3:23	4.1	4:01	5.0	9:45	0.9	10:31	0.9	4:34	7:33	
6	Fri	4:20	4.1	4:50	5.2	10:30	0.8	11:19	0.7	4:35	7:32	
7	Sat	5:12	4.2	5:34	5.4	11:15	0.7			4:36	7:32	
8	Sun	5:59	4.4	6:16	5.6	12:05	0.4	12:00	0.6	4:36	7:32	
9	Mon	6:43	4.5	6:57	5.8	12:53	0.2	12:47	0.5	4:37	7:32	
10	Tue	7:26	4.6	7:39	5.9	1:39	0.0	1:34	0.4	4:38	7:31	
11	Wed	8:11	4.7	8:23	5.9	2:24	-0.1	2:22	0.3	4:38	7:31	
12	Thu	8:58	4.8	9:11	5.9	3:08	-0.2	3:08	0.3	4:39	7:30	
13	Fri	9:49	4.9	10:03	5.7	3:51	-0.3	3:56	0.3	4:40	7:30	
14	Sat	10:44	5.0	10:59	5.5	4:35	-0.2	4:47	0.4	4:41	7:29	
15	Sun	11:40	5.2	11:56	5.3	5:23	-0.1	5:47	0.6	4:41	7:29	
16	Mon			12:35	5.3	6:16	0.0	6:55	0.7	4:42	7:28	
17	Tue	12:53	5.1	1:30	5.5	7:15	0.1	8:05	0.7	4:43	7:28	
18	Wed	1:50	4.9	2:27	5.6	8:16	0.2	9:11	0.6	4:44	7:27	
19	Thu	2:51	4.8	3:27	5.6	9:14	0.2	10:11	0.4	4:45	7:26	
20	Fri	3:56	4.7	4:28	5.7	10:11	0.1	11:07	0.2	4:45	7:25	
21	Sat	4:58	4.7	5:24	5.9	11:04	0.1			4:46	7:25	
22	Sun	5:54	4.9	6:14	5.9	12:00	0.1	11:56 AM	0.2	4:47	7:24	
23	Mon	6:45	4.9	7:01	5.9	12:51	0.0	12:47	0.2	4:48	7:23	
24	Tue	7:33	5.0	7:46	5.8	1:40	-0.1	1:37	0.3	4:49	7:22	
25	Wed	8:19	5.0	8:29	5.6	2:25	-0.1	2:23	0.4	4:50	7:21	
26	Thu	9:05	4.9	9:12	5.4	3:06	0.0	3:06	0.5	4:51	7:21	
27	Fri	9:52	4.8	9:56	5.1	3:44	0.1	3:47	0.7	4:52	7:20	
28	Sat	10:38	4.8	10:41	4.8	4:21	0.3	4:28	0.9	4:52	7:19	
29	Sun	11:24	4.7	11:26	4.6	4:58	0.6	5:11	1.1	4:53	7:18	
30	Mon			12:09	4.7	5:36	0.8	6:01	1.3	4:54	7:17	
31	Tue	12:11	4.4	12:52	4.7	6:20	1.0	7:00	1.4	4:55	7:16	