US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1779

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:13	4.3	9:16	5.1	3:15	0.3	3:11	0.9	4:32	7:33	
2	Fri	9:56	4.2	9:55	5.0	3:51	0.4	3:47	1.1	4:33	7:33	
3	Sat	10:40	4.2	10:37	4.8	4:27	0.5	4:25	1.2	4:33	7:33	
4	Sun	11:23	4.3	11:21	4.7	5:03	0.6	5:06	1.3	4:34	7:33	
5	Mon			12:06	4.4	5:43	0.7	5:59	1.4	4:35	7:33	
6	Tue	12:09	4.6	12:50	4.6	6:29	0.7	7:07	1.3	4:35	7:32	
7	Wed	12:59	4.5	1:36	4.9	7:23	0.7	8:17	1.2	4:36	7:32	
8	Thu	1:53	4.4	2:29	5.2	8:20	0.6	9:22	0.9	4:36	7:32	
9	Fri	2:54	4.4	3:28	5.5	9:18	0.4	10:21	0.6	4:37	7:32	
10	Sat	4:02	4.5	4:30	5.8	10:14	0.2	11:18	0.2	4:38	7:31	
11	Sun	5:06	4.7	5:28	6.1	11:11	0.0			4:39	7:31	
12	Mon	6:04	4.9	6:23	6.4	12:14	-0.1	12:08	-0.1	4:39	7:30	
13	Tue	6:59	5.1	7:17	6.5	1:09	-0.4	1:05	-0.2	4:40	7:30	
14	Wed	7:54	5.3	8:10	6.4	2:03	-0.6	2:03	-0.3	4:41	7:29	
15	Thu	8:50	5.4	9:05	6.3	2:54	-0.7	2:57	-0.2	4:42	7:29	
16	Fri	9:47	5.4	10:01	6.0	3:43	-0.6	3:50	-0.1	4:42	7:28	
17	Sat	10:45	5.4	10:57	5.6	4:32	-0.5	4:43	0.2	4:43	7:27	
18	Sun	11:41	5.4	11:52	5.3	5:21	-0.2	5:40	0.5	4:44	7:27	
19	Mon			12:34	5.3	6:14	0.1	6:42	0.8	4:45	7:26	
20	Tue	12:45	4.9	1:24	5.3	7:08	0.3	7:46	0.9	4:46	7:25	
21	Wed	1:36	4.6	2:14	5.2	8:03	0.6	8:48	0.9	4:46	7:25	
22	Thu	2:29	4.3	3:06	5.2	8:55	0.7	9:43	0.9	4:47	7:24	
23	Fri	3:26	4.2	3:59	5.2	9:45	0.8	10:34	0.8	4:48	7:23	
24	Sat	4:24	4.1	4:51	5.2	10:31	0.8	11:20	0.7	4:49	7:22	
25	Sun	5:17	4.2	5:37	5.3	11:16	0.8			4:50	7:21	
26	Mon	6:04	4.3	6:20	5.4	12:05	0.6	12:01	0.8	4:51	7:20	
27	Tue	6:47	4.4	6:59	5.5	12:49	0.4	12:45	0.8	4:52	7:20	
28	Wed	7:27	4.5	7:37	5.4	1:31	0.3	1:29	0.7	4:53	7:19	
29	Thu	8:06	4.5	8:14	5.4	2:12	0.3	2:11	0.8	4:54	7:18	
30	Fri	8:44	4.5	8:50	5.2	2:49	0.3	2:50	0.8	4:55	7:17	
31	Sat	9:22	4.5	9:25	5.1	3:23	0.3	3:27	0.9	4:55	7:16	