US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Aug 1779

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:00	4.6	10:03	4.9	3:56	0.3	4:03	0.9	4:56	7:15	
2	Mon	10:39	4.6	10:46	4.8	4:28	0.4	4:41	1.0	4:57	7:13	
3	Tue	11:23	4.8	11:35	4.6	5:03	0.5	5:29	1.1	4:58	7:12	
4	Wed			12:10	5.0	5:43	0.6	6:32	1.2	4:59	7:11	
5	Thu	12:29	4.5	1:01	5.2	6:36	0.7	7:47	1.1	5:00	7:10	
6	Fri	1:26	4.4	1:57	5.3	7:41	0.7	8:58	0.9	5:01	7:09	
7	Sat	2:30	4.4	3:01	5.5	8:50	0.6	10:02	0.6	5:02	7:08	
8	Sun	3:41	4.5	4:09	5.8	9:54	0.4	11:00	0.3	5:03	7:07	
9	Mon	4:49	4.7	5:13	6.1	10:55	0.1	11:56	-0.1	5:04	7:05	
10	Tue	5:50	5.0	6:10	6.3	11:54	-0.1			5:05	7:04	
11	Wed	6:45	5.4	7:03	6.4	12:50	-0.4	12:52	-0.2	5:06	7:03	
12	Thu	7:38	5.6	7:54	6.4	1:43	-0.6	1:48	-0.3	5:07	7:01	
13	Fri	8:30	5.7	8:46	6.2	2:32	-0.7	2:41	-0.3	5:08	7:00	
14	Sat	9:23	5.7	9:37	5.9	3:19	-0.6	3:32	-0.2	5:09	6:59	
15	Sun	10:16	5.7	10:30	5.5	4:03	-0.4	4:21	0.1	5:10	6:57	
16	Mon	11:09	5.5	11:23	5.1	4:48	-0.1	5:13	0.5	5:11	6:56	
17	Tue			12:00	5.4	5:35	0.3	6:09	0.8	5:12	6:55	
18	Wed	12:15	4.8	12:50	5.2	6:25	0.6	7:11	1.0	5:13	6:53	
19	Thu	1:06	4.4	1:39	5.1	7:21	1.0	8:14	1.1	5:14	6:52	
20	Fri	1:58	4.2	2:30	5.0	8:18	1.1	9:13	1.1	5:15	6:50	
21	Sat	2:55	4.1	3:25	4.9	9:13	1.2	10:05	1.0	5:16	6:49	
22	Sun	3:55	4.1	4:20	5.0	10:04	1.1	10:52	0.9	5:17	6:47	
23	Mon	4:51	4.2	5:11	5.2	10:52	1.0	11:37	0.7	5:18	6:46	
24	Tue	5:40	4.4	5:56	5.3	11:38	0.9			5:19	6:44	
25	Wed	6:22	4.6	6:35	5.4	12:19	0.5	12:22	0.8	5:20	6:43	
26	Thu	7:01	4.8	7:12	5.5	1:01	0.4	1:06	0.7	5:21	6:41	
27	Fri	7:37	4.9	7:48	5.5	1:40	0.3	1:48	0.6	5:22	6:40	
28	Sat	8:12	5.0	8:22	5.4	2:17	0.2	2:28	0.6	5:23	6:38	
29	Sun	8:46	5.0	8:57	5.2	2:52	0.2	3:05	0.6	5:24	6:37	
30	Mon	9:20	5.1	9:35	5.0	3:24	0.3	3:43	0.7	5:25	6:35	
31	Tue	9:59	5.1	10:19	4.8	3:56	0.4	4:22	0.8	5:26	6:34	