US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1791

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**7:25**	4.6	**7:28**	5.5	**1:31**	0.2	**1:23**	0.5	4:33	7:33	
2	Sat	**8:04**	4.6	**8:03**	5.5	**2:12**	0.2	**2:05**	0.5	4:33	7:33	
3	Sun	**8:44**	4.6	**8:38**	5.4	**2:51**	0.1	**2:46**	0.6	4:34	7:33	
4	Mon	**9:25**	4.7	**9:17**	5.3	**3:27**	0.1	**3:26**	0.6	4:34	7:33	
5	Tue	**10:08**	4.7	**10:01**	5.2	**4:03**	0.2	**4:06**	0.6	4:35	7:33	
6	Wed	**10:56**	4.8	**10:52**	5.1	**4:41**	0.2	**4:52**	0.7	4:35	7:32	
7	Thu	**11:46**	5.0	**11:48**	5.0	**5:23**	0.3	**5:47**	0.8	4:36	7:32	
8	Fri			**12:38**	5.2	**6:14**	0.3	**6:55**	0.8	4:37	7:32	
9	Sat	**12:45**	4.9	**1:32**	5.4	**7:15**	0.4	**8:06**	0.7	4:37	7:31	
10	Sun	**1:45**	4.8	**2:31**	5.6	**8:20**	0.3	**9:13**	0.5	4:38	7:31	
11	Mon	**2:50**	4.7	**3:34**	5.8	**9:23**	0.1	**10:15**	0.2	4:39	7:31	
12	Tue	**3:59**	4.8	**4:37**	6.0	**10:22**	0.0	**11:12**	-0.1	4:39	7:30	
13	Wed	**5:05**	5.0	**5:35**	6.3	**11:19**	-0.2			4:40	7:30	
14	Thu	**6:03**	5.2	**6:29**	6.4	**12:08**	-0.4	**12:16**	-0.3	4:41	7:29	
15	Fri	**6:58**	5.4	**7:20**	6.4	**1:02**	-0.5	**1:11**	-0.3	4:42	7:29	
16	Sat	**7:50**	5.5	**8:10**	6.3	**1:53**	-0.7	**2:05**	-0.2	4:42	7:28	
17	Sun	**8:42**	5.5	**8:59**	6.0	**2:42**	-0.7	**2:55**	-0.1	4:43	7:27	
18	Mon	**9:33**	5.4	**9:50**	5.7	**3:27**	-0.5	**3:43**	0.1	4:44	7:27	
19	Tue	**10:25**	5.2	**10:40**	5.4	**4:11**	-0.3	**4:30**	0.4	4:45	7:26	
20	Wed	**11:16**	5.1	**11:31**	5.0	**4:53**	0.0	**5:19**	0.7	4:46	7:25	
21	Thu			**12:05**	5.0	**5:38**	0.3	**6:13**	1.0	4:47	7:25	
22	Fri	**12:20**	4.7	**12:52**	4.9	**6:26**	0.6	**7:12**	1.2	4:47	7:24	
23	Sat	**1:08**	4.5	**1:38**	4.9	**7:17**	0.8	**8:12**	1.2	4:48	7:23	
24	Sun	**1:57**	4.3	**2:26**	4.8	**8:10**	0.9	**9:09**	1.2	4:49	7:22	
25	Mon	**2:50**	4.2	**3:17**	4.9	**9:03**	1.0	**10:00**	1.0	4:50	7:21	
26	Tue	**3:47**	4.2	**4:11**	5.0	**9:53**	0.9	**10:48**	0.8	4:51	7:20	
27	Wed	**4:42**	4.3	**5:01**	5.1	**10:40**	0.8	**11:33**	0.6	4:52	7:19	
28	Thu	**5:32**	4.4	**5:45**	5.3	**11:27**	0.7			4:53	7:19	
29	Fri	**6:16**	4.6	**6:25**	5.5	**12:18**	0.4	**12:12**	0.6	4:54	7:18	
30	Sat	**6:57**	4.8	**7:03**	5.6	**1:01**	0.2	**12:58**	0.5	4:55	7:17	
31	Sun	**7:37**	4.9	**7:40**	5.6	**1:43**	0.1	**1:42**	0.4	4:56	7:16	