US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Aug 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**5:32**	5.0	**5:55**	6.3	**11:38**	-0.1			4:57	7:14	
2	Tue	**6:28**	5.3	**6:48**	6.4	**12:34**	-0.3	**12:35**	-0.2	4:58	7:13	
3	Wed	**7:22**	5.5	**7:39**	6.3	**1:27**	-0.5	**1:31**	-0.3	4:59	7:11	
4	Thu	**8:14**	5.5	**8:29**	6.2	**2:18**	-0.6	**2:24**	-0.2	5:00	7:10	
5	Fri	**9:06**	5.5	**9:19**	5.9	**3:05**	-0.6	**3:13**	-0.1	5:01	7:09	
6	Sat	**9:58**	5.4	**10:10**	5.5	**3:49**	-0.4	**4:01**	0.2	5:02	7:08	
7	Sun	**10:49**	5.3	**11:01**	5.2	**4:32**	-0.1	**4:49**	0.5	5:03	7:07	
8	Mon	**11:40**	5.2	**11:51**	4.8	**5:16**	0.2	**5:40**	0.8	5:04	7:05	
9	Tue			**12:28**	5.1	**6:03**	0.6	**6:37**	1.1	5:05	7:04	
10	Wed	**12:41**	4.5	**1:15**	5.0	**6:53**	0.9	**7:38**	1.2	5:06	7:03	
11	Thu	**1:29**	4.3	**2:03**	4.9	**7:47**	1.1	**8:38**	1.2	5:07	7:02	
12	Fri	**2:21**	4.1	**2:53**	4.9	**8:42**	1.1	**9:33**	1.1	5:08	7:00	
13	Sat	**3:18**	4.0	**3:48**	4.9	**9:34**	1.1	**10:23**	1.0	5:09	6:59	
14	Sun	**4:16**	4.1	**4:41**	5.1	**10:22**	1.0	**11:09**	0.8	5:10	6:58	
15	Mon	**5:09**	4.3	**5:28**	5.3	**11:09**	0.9	**11:54**	0.6	5:11	6:56	
16	Tue	**5:56**	4.5	**6:11**	5.4	**11:54**	0.8			5:12	6:55	
17	Wed	**6:37**	4.6	**6:49**	5.6	**12:37**	0.4	**12:39**	0.7	5:13	6:53	
18	Thu	**7:15**	4.8	**7:26**	5.6	**1:19**	0.2	**1:23**	0.6	5:14	6:52	
19	Fri	**7:52**	4.9	**8:03**	5.6	**2:00**	0.1	**2:06**	0.5	5:15	6:51	
20	Sat	**8:29**	5.0	**8:41**	5.5	**2:38**	0.0	**2:47**	0.5	5:16	6:49	
21	Sun	**9:07**	5.1	**9:22**	5.4	**3:14**	0.0	**3:28**	0.5	5:17	6:48	
22	Mon	**9:50**	5.2	**10:08**	5.2	**3:49**	0.1	**4:10**	0.5	5:18	6:46	
23	Tue	**10:38**	5.3	**11:01**	5.0	**4:27**	0.2	**4:57**	0.7	5:19	6:45	
24	Wed	**11:32**	5.4	**11:59**	4.8	**5:09**	0.3	**5:56**	0.8	5:20	6:43	
25	Thu			**12:28**	5.4	**6:02**	0.5	**7:08**	0.9	5:21	6:42	
26	Fri	**12:58**	4.7	**1:27**	5.5	**7:09**	0.6	**8:22**	0.8	5:22	6:40	
27	Sat	**2:01**	4.6	**2:31**	5.6	**8:20**	0.6	**9:28**	0.6	5:23	6:39	
28	Sun	**3:09**	4.6	**3:39**	5.7	**9:28**	0.5	**10:28**	0.3	5:24	6:37	
29	Mon	**4:18**	4.8	**4:44**	5.9	**10:29**	0.3	**11:23**	0.0	5:25	6:35	
30	Tue	**5:20**	5.1	**5:42**	6.0	**11:27**	0.1			5:26	6:34	
31	Wed	**6:14**	5.5	**6:33**	6.2	**12:15**	-0.2	**12:22**	-0.1	5:27	6:32	