US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jan 1797

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**9:15**	4.7	**9:49**	3.8	**3:11**	0.3	**3:51**	-0.1	7:23	4:45	
2	Mon	**9:53**	4.5	**10:31**	3.7	**3:46**	0.4	**4:25**	0.0	7:23	4:46	
3	Tue	**10:34**	4.3	**11:15**	3.8	**4:21**	0.6	**5:01**	0.1	7:23	4:47	
4	Wed	**11:20**	4.2			**5:02**	0.7	**5:43**	0.2	7:23	4:47	
5	Thu	**12:02**	3.9	**12:11**	4.1	**5:58**	0.8	**6:33**	0.2	7:23	4:48	
6	Fri	**12:50**	4.1	**1:05**	4.0	**7:12**	0.8	**7:32**	0.2	7:23	4:49	
7	Sat	**1:41**	4.3	**2:03**	4.0	**8:27**	0.6	**8:34**	0.1	7:23	4:50	
8	Sun	**2:39**	4.6	**3:09**	4.0	**9:33**	0.3	**9:33**	-0.2	7:23	4:51	
9	Mon	**3:43**	4.9	**4:18**	4.1	**10:33**	-0.1	**10:31**	-0.4	7:23	4:52	
10	Tue	**4:46**	5.3	**5:20**	4.3	**11:30**	-0.5	**11:27**	-0.7	7:23	4:53	
11	Wed	**5:44**	5.7	**6:17**	4.6			**12:25**	-0.8	7:22	4:54	
12	Thu	**6:37**	5.9	**7:11**	4.8	**12:23**	-0.9	**1:20**	-1.1	7:22	4:56	
13	Fri	**7:30**	6.0	**8:04**	4.9	**1:19**	-1.0	**2:12**	-1.2	7:22	4:57	
14	Sat	**8:22**	5.9	**8:58**	4.9	**2:14**	-1.0	**3:02**	-1.3	7:21	4:58	
15	Sun	**9:15**	5.7	**9:54**	4.9	**3:06**	-1.0	**3:50**	-1.2	7:21	4:59	
16	Mon	**10:09**	5.4	**10:50**	4.8	**3:57**	-0.7	**4:37**	-1.0	7:20	5:00	
17	Tue	**11:04**	5.0	**11:45**	4.7	**4:49**	-0.4	**5:27**	-0.7	7:20	5:01	
18	Wed	**11:58**	4.6			**5:44**	-0.1	**6:19**	-0.4	7:19	5:02	
19	Thu	**12:37**	4.6	**12:50**	4.2	**6:46**	0.2	**7:14**	-0.1	7:19	5:03	
20	Fri	**1:28**	4.5	**1:41**	3.9	**7:51**	0.4	**8:10**	0.1	7:18	5:05	
21	Sat	**2:19**	4.4	**2:35**	3.7	**8:52**	0.4	**9:03**	0.3	7:18	5:06	
22	Sun	**3:13**	4.4	**3:34**	3.5	**9:48**	0.4	**9:53**	0.3	7:17	5:07	
23	Mon	**4:08**	4.4	**4:32**	3.5	**10:39**	0.3	**10:40**	0.3	7:16	5:08	
24	Tue	**4:59**	4.5	**5:24**	3.7	**11:25**	0.1	**11:25**	0.2	7:16	5:09	
25	Wed	**5:45**	4.7	**6:09**	3.8			**12:10**	0.0	7:15	5:10	
26	Thu	**6:27**	4.8	**6:51**	3.9	**12:09**	0.1	**12:53**	-0.2	7:14	5:12	
27	Fri	**7:06**	4.8	**7:30**	4.0	**12:53**	0.0	**1:35**	-0.3	7:13	5:13	
28	Sat	**7:43**	4.8	**8:07**	4.0	**1:35**	0.0	**2:14**	-0.4	7:12	5:14	
29	Sun	**8:18**	4.8	**8:43**	4.0	**2:15**	0.0	**2:51**	-0.4	7:11	5:15	
30	Mon	**8:52**	4.7	**9:19**	4.0	**2:53**	0.0	**3:25**	-0.4	7:10	5:17	
31	Tue	**9:27**	4.6	**9:55**	4.0	**3:28**	0.1	**3:57**	-0.3	7:10	5:18	