US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1803

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**4:30**	3.9	**4:55**	5.2	**10:33**	0.9	**11:30**	0.6	4:32	7:34	
2	Sat	**5:23**	4.1	**5:41**	5.5	**11:20**	0.8			4:33	7:33	
3	Sun	**6:10**	4.2	**6:24**	5.7	**12:18**	0.4	**12:07**	0.7	4:33	7:33	
4	Mon	**6:54**	4.4	**7:07**	5.8	**1:06**	0.2	**12:56**	0.6	4:34	7:33	
5	Tue	**7:39**	4.6	**7:51**	5.9	**1:52**	0.0	**1:46**	0.4	4:34	7:33	
6	Wed	**8:24**	4.7	**8:36**	5.9	**2:37**	-0.2	**2:34**	0.3	4:35	7:33	
7	Thu	**9:13**	4.9	**9:26**	5.8	**3:19**	-0.3	**3:22**	0.3	4:35	7:32	
8	Fri	**10:05**	5.0	**10:18**	5.6	**4:01**	-0.3	**4:11**	0.3	4:36	7:32	
9	Sat	**10:59**	5.2	**11:13**	5.4	**4:45**	-0.2	**5:04**	0.5	4:37	7:32	
10	Sun	**11:54**	5.3			**5:32**	-0.1	**6:06**	0.6	4:37	7:31	
11	Mon	**12:09**	5.1	**12:48**	5.5	**6:25**	0.1	**7:15**	0.7	4:38	7:31	
12	Tue	**1:05**	4.9	**1:42**	5.5	**7:24**	0.2	**8:25**	0.7	4:39	7:31	
13	Wed	**2:03**	4.6	**2:40**	5.6	**8:25**	0.3	**9:30**	0.6	4:39	7:30	
14	Thu	**3:06**	4.5	**3:41**	5.6	**9:25**	0.3	**10:29**	0.5	4:40	7:30	
15	Fri	**4:13**	4.4	**4:43**	5.6	**10:22**	0.3	**11:24**	0.3	4:41	7:29	
16	Sat	**5:15**	4.5	**5:38**	5.7	**11:16**	0.4			4:42	7:29	
17	Sun	**6:10**	4.7	**6:28**	5.8	**12:16**	0.2	**12:09**	0.4	4:43	7:28	
18	Mon	**6:59**	4.8	**7:13**	5.7	**1:06**	0.1	**1:00**	0.4	4:43	7:27	
19	Tue	**7:46**	4.8	**7:57**	5.6	**1:53**	0.0	**1:49**	0.4	4:44	7:27	
20	Wed	**8:32**	4.8	**8:39**	5.4	**2:36**	0.0	**2:34**	0.5	4:45	7:26	
21	Thu	**9:16**	4.8	**9:21**	5.2	**3:14**	0.1	**3:15**	0.6	4:46	7:25	
22	Fri	**10:01**	4.8	**10:03**	4.9	**3:50**	0.2	**3:55**	0.8	4:47	7:25	
23	Sat	**10:46**	4.7	**10:45**	4.7	**4:24**	0.4	**4:36**	1.0	4:48	7:24	
24	Sun	**11:30**	4.7	**11:29**	4.4	**4:58**	0.6	**5:19**	1.2	4:48	7:23	
25	Mon			**12:12**	4.7	**5:34**	0.8	**6:10**	1.4	4:49	7:22	
26	Tue	**12:13**	4.2	**12:54**	4.7	**6:15**	1.0	**7:10**	1.5	4:50	7:21	
27	Wed	**12:58**	4.0	**1:37**	4.7	**7:06**	1.2	**8:15**	1.4	4:51	7:20	
28	Thu	**1:48**	3.9	**2:25**	4.8	**8:05**	1.2	**9:15**	1.3	4:52	7:19	
29	Fri	**2:45**	3.8	**3:20**	4.9	**9:04**	1.2	**10:10**	1.0	4:53	7:18	
30	Sat	**3:50**	3.9	**4:19**	5.2	**10:00**	1.0	**11:01**	0.7	4:54	7:17	
31	Sun	**4:51**	4.1	**5:13**	5.5	**10:52**	0.8	**11:50**	0.4	4:55	7:16	