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# Atlantic Highlands, NJ - Jan 1804

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 10:21 | 4.7 | 11:02 | 4.3 | 4:07 | 0.1 | 4:44 | -0.3 | 7:23 | 4:43 | |
| 2 | Mon | 11:08 | 4.4 | 11:50 | 4.3 | 4:52 | 0.3 | 5:26 | 0.0 | 7:23 | 4:44 | |
| 3 | Tue | 11:55 | 4.1 | | | 5:40 | 0.6 | 6:10 | 0.3 | 7:23 | 4:45 | |
| 4 | Wed | 12:36 | 4.2 | 12:42 | 3.8 | 6:37 | 0.8 | 6:58 | 0.5 | 7:23 | 4:46 | |
| 5 | Thu | 1:21 | 4.2 | 1:28 | 3.6 | 7:39 | 0.9 | 7:50 | 0.6 | 7:23 | 4:47 | |
| 6 | Fri | 2:08 | 4.2 | 2:19 | 3.4 | 8:40 | 0.8 | 8:43 | 0.6 | 7:23 | 4:48 | |
| 7 | Sat | 2:58 | 4.2 | 3:16 | 3.4 | 9:36 | 0.7 | 9:34 | 0.5 | 7:23 | 4:49 | |
| 8 | Sun | 3:52 | 4.3 | 4:16 | 3.4 | 10:27 | 0.5 | 10:23 | 0.4 | 7:23 | 4:50 | |
| 9 | Mon | 4:44 | 4.5 | 5:11 | 3.6 | 11:15 | 0.2 | 11:10 | 0.3 | 7:23 | 4:51 | |
| 10 | Tue | 5:31 | 4.7 | 5:58 | 3.7 | | | 12:01 | 0.0 | 7:23 | 4:52 | |
| 11 | Wed | 6:14 | 5.0 | 6:40 | 3.9 | | | 12:47 | -0.2 | 7:23 | 4:53 | |
| 12 | Thu | 6:54 | 5.1 | 7:20 | 4.1 | 12:42 | 0.0 | 1:31 | -0.4 | 7:22 | 4:54 | |
| 13 | Fri | 7:34 | 5.3 | 8:00 | 4.2 | 1:28 | -0.2 | 2:14 | -0.6 | 7:22 | 4:55 | |
| 14 | Sat | 8:14 | 5.3 | 8:42 | 4.4 | 2:13 | -0.3 | 2:54 | -0.7 | 7:22 | 4:56 | |
| 15 | Sun | 8:57 | 5.2 | 9:27 | 4.5 | 2:57 | -0.3 | 3:33 | -0.8 | 7:22 | 4:57 | |
| 16 | Mon | 9:43 | 5.0 | 10:17 | 4.6 | 3:41 | -0.3 | 4:12 | -0.7 | 7:21 | 4:58 | |
| 17 | Tue | 10:34 | 4.8 | 11:10 | 4.7 | 4:28 | -0.2 | 4:54 | -0.6 | 7:21 | 4:59 | |
| 18 | Wed | 11:30 | 4.5 | | | 5:22 | 0.0 | 5:42 | -0.4 | 7:20 | 5:00 | |
| 19 | Thu | 12:06 | 4.7 | 12:27 | 4.2 | 6:28 | 0.2 | 6:40 | -0.3 | 7:20 | 5:01 | |
| 20 | Fri | 1:02 | 4.8 | 1:27 | 4.0 | 7:42 | 0.3 | 7:46 | -0.1 | 7:19 | 5:03 | |
| 21 | Sat | 2:02 | 4.8 | 2:31 | 3.9 | 8:54 | 0.2 | 8:53 | -0.1 | 7:19 | 5:04 | |
| 22 | Sun | 3:07 | 4.8 | 3:41 | 3.8 | 9:59 | 0.0 | 9:57 | -0.2 | 7:18 | 5:05 | |
| 23 | Mon | 4:14 | 4.9 | 4:49 | 4.0 | 10:58 | -0.2 | 10:55 | -0.3 | 7:17 | 5:06 | |
| 24 | Tue | 5:16 | 5.1 | 5:47 | 4.2 | 11:52 | -0.5 | 11:50 | -0.4 | 7:17 | 5:07 | |
| 25 | Wed | 6:09 | 5.2 | 6:39 | 4.4 | | | 12:43 | -0.6 | 7:16 | 5:08 | |
| 26 | Thu | 6:57 | 5.3 | 7:26 | 4.6 | 12:42 | -0.5 | 1:31 | -0.8 | 7:15 | 5:10 | |
| 27 | Fri | 7:41 | 5.2 | 8:11 | 4.6 | 1:32 | -0.5 | 2:15 | -0.8 | 7:14 | 5:11 | |
| 28 | Sat | 8:24 | 5.1 | 8:55 | 4.6 | 2:18 | -0.5 | 2:55 | -0.8 | 7:14 | 5:12 | |
| 29 | Sun | 9:05 | 4.8 | 9:38 | 4.5 | 3:01 | -0.4 | 3:32 | -0.6 | 7:13 | 5:13 | |
| 30 | Mon | 9:46 | 4.6 | 10:21 | 4.4 | 3:41 | -0.2 | 4:06 | -0.4 | 7:12 | 5:14 | |
| 31 | Tue | 10:28 | 4.2 | 11:05 | 4.3 | 4:20 | 0.0 | 4:40 | -0.1 | 7:11 | 5:16 | |