US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Aug 1804

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**3:00**	4.4	**3:34**	5.6	**9:19**	0.4	**10:26**	0.4	4:56	7:15	
2	Thu	**4:11**	4.5	**4:40**	5.7	**10:21**	0.3	**11:22**	0.2	4:57	7:14	
3	Fri	**5:15**	4.7	**5:38**	5.9	**11:19**	0.2			4:58	7:12	
4	Sat	**6:11**	5.0	**6:30**	6.0	**12:15**	0.0	**12:14**	0.1	4:59	7:11	
5	Sun	**7:02**	5.2	**7:17**	6.0	**1:06**	-0.2	**1:08**	0.1	5:00	7:10	
6	Mon	**7:49**	5.3	**8:02**	5.8	**1:53**	-0.3	**1:58**	0.1	5:01	7:09	
7	Tue	**8:36**	5.4	**8:46**	5.6	**2:36**	-0.3	**2:44**	0.2	5:02	7:08	
8	Wed	**9:21**	5.3	**9:30**	5.3	**3:15**	-0.1	**3:27**	0.4	5:03	7:07	
9	Thu	**10:06**	5.2	**10:14**	4.9	**3:52**	0.1	**4:09**	0.6	5:04	7:05	
10	Fri	**10:51**	5.1	**11:00**	4.6	**4:28**	0.4	**4:51**	0.9	5:05	7:04	
11	Sat	**11:37**	5.0	**11:47**	4.3	**5:04**	0.7	**5:38**	1.1	5:06	7:03	
12	Sun			**12:22**	4.9	**5:43**	1.0	**6:33**	1.3	5:07	7:02	
13	Mon	**12:35**	4.1	**1:07**	4.8	**6:31**	1.2	**7:36**	1.4	5:08	7:00	
14	Tue	**1:24**	3.9	**1:55**	4.7	**7:30**	1.4	**8:39**	1.4	5:09	6:59	
15	Wed	**2:18**	3.8	**2:48**	4.7	**8:33**	1.4	**9:36**	1.2	5:10	6:58	
16	Thu	**3:19**	3.8	**3:46**	4.9	**9:31**	1.3	**10:27**	1.0	5:11	6:56	
17	Fri	**4:20**	4.0	**4:42**	5.1	**10:24**	1.1	**11:14**	0.7	5:12	6:55	
18	Sat	**5:13**	4.3	**5:29**	5.4	**11:12**	0.9	**11:58**	0.4	5:13	6:53	
19	Sun	**5:58**	4.6	**6:12**	5.6			**12:00**	0.7	5:14	6:52	
20	Mon	**6:39**	4.9	**6:52**	5.8	**12:42**	0.2	**12:47**	0.4	5:15	6:50	
21	Tue	**7:18**	5.2	**7:32**	5.8	**1:24**	0.0	**1:34**	0.3	5:16	6:49	
22	Wed	**7:58**	5.4	**8:14**	5.8	**2:04**	-0.2	**2:20**	0.1	5:17	6:48	
23	Thu	**8:40**	5.6	**8:58**	5.6	**2:44**	-0.3	**3:06**	0.1	5:18	6:46	
24	Fri	**9:25**	5.7	**9:47**	5.3	**3:23**	-0.2	**3:52**	0.2	5:19	6:45	
25	Sat	**10:16**	5.7	**10:42**	5.0	**4:03**	-0.1	**4:42**	0.4	5:20	6:43	
26	Sun	**11:12**	5.7	**11:42**	4.8	**4:48**	0.1	**5:40**	0.6	5:21	6:42	
27	Mon			**12:12**	5.6	**5:40**	0.4	**6:50**	0.8	5:22	6:40	
28	Tue	**12:43**	4.6	**1:12**	5.5	**6:47**	0.6	**8:04**	0.9	5:23	6:38	
29	Wed	**1:46**	4.5	**2:15**	5.4	**8:01**	0.8	**9:13**	0.7	5:24	6:37	
30	Thu	**2:53**	4.5	**3:23**	5.4	**9:11**	0.7	**10:13**	0.5	5:25	6:35	
31	Fri	**4:01**	4.6	**4:28**	5.5	**10:13**	0.6	**11:06**	0.3	5:26	6:34	