US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1807

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:39	4.1	4:03	5.1	9:48	0.8	10:49	0.8	4:32	7:34	
2	Thu	4:37	4.2	4:54	5.4	10:37	0.6	11:37	0.5	4:33	7:33	
3	Fri	5:29	4.4	5:42	5.7	11:26	0.5			4:33	7:33	
4	Sat	6:17	4.6	6:27	5.9	12:26	0.2	12:16	0.3	4:34	7:33	
5	Sun	7:04	4.8	7:13	6.1	1:14	-0.1	1:07	0.1	4:34	7:33	
6	Mon	7:51	5.0	7:59	6.1	2:01	-0.3	1:59	0.0	4:35	7:33	
7	Tue	8:40	5.2	8:48	6.0	2:47	-0.4	2:49	-0.1	4:35	7:32	
8	Wed	9:32	5.3	9:40	5.9	3:31	-0.5	3:39	0.0	4:36	7:32	
9	Thu	10:27	5.4	10:36	5.6	4:16	-0.5	4:30	0.1	4:37	7:32	
10	Fri	11:23	5.5	11:34	5.3	5:03	-0.3	5:27	0.3	4:37	7:31	
11	Sat			12:19	5.6	5:56	-0.1	6:31	0.5	4:38	7:31	
12	Sun	12:31	5.1	1:13	5.6	6:54	0.1	7:40	0.6	4:39	7:31	
13	Mon	1:27	4.8	2:09	5.6	7:55	0.2	8:46	0.6	4:39	7:30	
14	Tue	2:27	4.6	3:07	5.6	8:56	0.3	9:47	0.5	4:40	7:30	
15	Wed	3:31	4.5	4:08	5.6	9:53	0.3	10:43	0.4	4:41	7:29	
16	Thu	4:34	4.5	5:04	5.7	10:47	0.4	11:35	0.2	4:42	7:29	
17	Fri	5:31	4.6	5:55	5.7	11:38	0.4			4:43	7:28	
18	Sat	6:22	4.7	6:40	5.8	12:24	0.1	12:27	0.4	4:43	7:27	
19	Sun	7:07	4.8	7:23	5.7	1:10	0.1	1:15	0.4	4:44	7:27	
20	Mon	7:51	4.9	8:04	5.6	1:54	0.0	2:00	0.5	4:45	7:26	
21	Tue	8:33	4.9	8:45	5.4	2:34	0.0	2:42	0.5	4:46	7:25	
22	Wed	9:15	4.8	9:25	5.2	3:11	0.1	3:22	0.7	4:47	7:25	
23	Thu	9:57	4.8	10:07	4.9	3:46	0.2	4:00	0.8	4:48	7:24	
24	Fri	10:40	4.7	10:49	4.6	4:19	0.4	4:39	1.0	4:48	7:23	
25	Sat	11:22	4.7	11:33	4.4	4:53	0.6	5:22	1.2	4:49	7:22	
26	Sun			12:04	4.7	5:29	0.8	6:14	1.4	4:50	7:21	
27	Mon	12:18	4.2	12:46	4.7	6:13	0.9	7:17	1.4	4:51	7:20	
28	Tue	1:05	4.1	1:30	4.8	7:07	1.0	8:22	1.4	4:52	7:19	
29	Wed	1:57	4.0	2:20	4.9	8:09	1.0	9:23	1.1	4:53	7:18	
30	Thu	2:56	4.0	3:19	5.1	9:10	0.9	10:17	0.8	4:54	7:17	
31	Fri	4:00	4.2	4:19	5.4	10:06	0.7	11:08	0.5	4:55	7:16	