US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jan 1809

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:55	5.0	7:25	4.2	12:44	0.0	1:33	-0.3	7:23	4:44	
2	Mon	7:30	5.1	8:03	4.3	1:27	-0.1	2:13	-0.4	7:23	4:45	
3	Tue	8:05	5.1	8:42	4.3	2:08	-0.1	2:52	-0.4	7:23	4:46	
4	Wed	8:42	5.0	9:22	4.3	2:48	-0.1	3:28	-0.4	7:23	4:47	
5	Thu	9:21	4.9	10:06	4.3	3:28	-0.1	4:04	-0.4	7:23	4:48	
6	Fri	10:07	4.7	10:56	4.4	4:09	0.0	4:43	-0.3	7:23	4:48	
7	Sat	11:00	4.6	11:50	4.5	4:56	0.1	5:27	-0.2	7:23	4:49	
8	Sun	11:57	4.4			5:55	0.2	6:22	-0.1	7:23	4:50	
9	Mon	12:45	4.7	12:57	4.3	7:06	0.3	7:28	-0.1	7:23	4:51	
10	Tue	1:42	4.8	1:59	4.2	8:20	0.2	8:35	-0.2	7:23	4:52	
11	Wed	2:44	5.0	3:07	4.2	9:27	-0.1	9:39	-0.4	7:23	4:53	
12	Thu	3:50	5.2	4:17	4.3	10:28	-0.4	10:38	-0.6	7:22	4:55	
13	Fri	4:53	5.4	5:20	4.5	11:25	-0.7	11:34	-0.8	7:22	4:56	
14	Sat	5:50	5.7	6:16	4.7			12:19	-0.9	7:22	4:57	
15	Sun	6:41	5.8	7:08	4.9	12:29	-0.9	1:12	-1.1	7:21	4:58	
16	Mon	7:30	5.8	7:58	4.9	1:22	-0.9	2:01	-1.2	7:21	4:59	
17	Tue	8:18	5.6	8:47	4.9	2:13	-0.9	2:47	-1.2	7:20	5:00	
18	Wed	9:06	5.4	9:36	4.8	3:01	-0.7	3:30	-1.0	7:20	5:01	
19	Thu	9:53	5.0	10:25	4.6	3:45	-0.5	4:11	-0.8	7:19	5:02	
20	Fri	10:42	4.7	11:13	4.4	4:30	-0.2	4:52	-0.4	7:19	5:03	
21	Sat	11:30	4.3			5:16	0.2	5:34	-0.1	7:18	5:05	
22	Sun	12:01	4.3	12:19	4.0	6:09	0.5	6:21	0.2	7:18	5:06	
23	Mon	12:48	4.2	1:07	3.8	7:08	0.7	7:14	0.4	7:17	5:07	
24	Tue	1:35	4.1	1:57	3.6	8:10	0.7	8:11	0.5	7:16	5:08	
25	Wed	2:24	4.0	2:52	3.5	9:10	0.7	9:06	0.4	7:15	5:09	
26	Thu	3:19	4.1	3:51	3.5	10:03	0.5	9:58	0.3	7:15	5:11	
27	Fri	4:15	4.2	4:47	3.7	10:52	0.3	10:47	0.2	7:14	5:12	
28	Sat	5:06	4.4	5:37	3.9	11:37	0.0	11:33	0.0	7:13	5:13	
29	Sun	5:51	4.7	6:20	4.1			12:22	-0.2	7:12	5:14	
30	Mon	6:31	4.9	7:00	4.3	12:19	-0.2	1:05	-0.4	7:11	5:15	
31	Tue	7:08	5.0	7:39	4.5	1:04	-0.3	1:46	-0.6	7:10	5:17	