US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Mar 1810

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:25	4.9	3:59	4.3	10:08	-0.3	10:23	-0.4	6:34	5:51	
2	Fri	4:32	5.2	5:04	4.7	11:04	-0.6	11:21	-0.6	6:32	5:52	
3	Sat	5:32	5.4	5:59	5.0	11:57	-0.9			6:31	5:53	
4	Sun	6:24	5.6	6:50	5.3	12:16	-0.9	12:48	-1.1	6:29	5:54	
5	Mon	7:13	5.7	7:38	5.5	1:09	-1.0	1:36	-1.2	6:28	5:55	
6	Tue	8:00	5.6	8:24	5.4	1:59	-1.0	2:21	-1.1	6:26	5:56	
7	Wed	8:46	5.4	9:10	5.3	2:46	-0.9	3:04	-1.0	6:25	5:57	
8	Thu	9:33	5.0	9:56	5.1	3:31	-0.7	3:44	-0.7	6:23	5:58	
9	Fri	10:21	4.7	10:43	4.8	4:14	-0.4	4:24	-0.3	6:22	5:59	
10	Sat	11:11	4.3	11:31	4.5	4:58	0.0	5:04	0.1	6:20	6:01	
11	Sun			12:01	4.1	5:47	0.3	5:50	0.5	6:18	6:02	
12	Mon	12:19	4.3	12:51	3.8	6:44	0.6	6:45	0.7	6:17	6:03	
13	Tue	1:08	4.1	1:43	3.7	7:47	0.8	7:49	0.9	6:15	6:04	
14	Wed	1:59	4.0	2:38	3.7	8:48	0.8	8:51	0.8	6:13	6:05	
15	Thu	2:56	4.0	3:36	3.8	9:43	0.6	9:47	0.7	6:12	6:06	
16	Fri	3:55	4.1	4:33	4.0	10:31	0.4	10:37	0.5	6:10	6:07	
17	Sat	4:49	4.3	5:21	4.3	11:15	0.2	11:24	0.2	6:09	6:08	
18	Sun	5:35	4.6	6:04	4.6	11:58	0.0			6:07	6:09	
19	Mon	6:16	4.8	6:42	4.8	12:09	0.0	12:39	-0.2	6:05	6:10	
20	Tue	6:54	4.9	7:18	5.0	12:54	-0.2	1:19	-0.3	6:04	6:11	
21	Wed	7:31	5.0	7:55	5.2	1:38	-0.4	1:58	-0.4	6:02	6:12	
22	Thu	8:09	5.0	8:33	5.3	2:20	-0.5	2:37	-0.4	6:00	6:13	
23	Fri	8:50	4.9	9:14	5.3	3:02	-0.5	3:14	-0.4	5:59	6:14	
24	Sat	9:36	4.7	10:02	5.3	3:45	-0.5	3:54	-0.3	5:57	6:15	
25	Sun	10:29	4.6	10:57	5.2	4:31	-0.3	4:37	-0.1	5:55	6:16	
26	Mon	11:28	4.4	11:57	5.1	5:24	-0.1	5:31	0.1	5:54	6:17	
27	Tue			12:30	4.3	6:28	0.1	6:41	0.3	5:52	6:18	
28	Wed	12:59	5.0	1:33	4.4	7:39	0.2	7:58	0.3	5:50	6:19	
29	Thu	2:02	5.0	2:38	4.5	8:47	0.1	9:08	0.2	5:49	6:20	
30	Fri	3:08	5.0	3:45	4.7	9:48	-0.2	10:11	-0.1	5:47	6:21	
31	Sat	4:14	5.1	4:47	5.0	10:43	-0.4	11:08	-0.3	5:45	6:22	