US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jan 1811

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:20	4.8	12:39	4.8	6:33	0.0	7:01	-0.4	7:23	4:44	
2	Wed	1:16	4.8	1:35	4.5	7:42	0.2	8:02	-0.3	7:23	4:44	
3	Thu	2:11	4.8	2:32	4.3	8:47	0.2	8:59	-0.2	7:23	4:45	
4	Fri	3:09	4.7	3:32	4.1	9:47	0.1	9:52	-0.2	7:23	4:46	
5	Sat	4:06	4.8	4:31	4.1	10:40	0.0	10:41	-0.2	7:23	4:47	
6	Sun	5:00	4.9	5:24	4.2	11:29	-0.1	11:27	-0.2	7:23	4:48	
7	Mon	5:46	5.0	6:11	4.2			12:15	-0.2	7:23	4:49	
8	Tue	6:29	5.0	6:54	4.3	12:12	-0.2	1:00	-0.3	7:23	4:50	
9	Wed	7:08	5.0	7:36	4.3	12:55	-0.2	1:42	-0.4	7:23	4:51	
10	Thu	7:46	5.0	8:16	4.3	1:38	-0.2	2:22	-0.4	7:23	4:52	
11	Fri	8:23	4.9	8:57	4.2	2:19	-0.1	2:59	-0.3	7:23	4:53	
12	Sat	8:59	4.7	9:37	4.1	2:57	0.0	3:34	-0.3	7:22	4:54	
13	Sun	9:35	4.5	10:19	4.0	3:34	0.1	4:07	-0.1	7:22	4:55	
14	Mon	10:12	4.3	11:01	4.0	4:10	0.3	4:40	0.0	7:22	4:56	
15	Tue	10:52	4.1	11:44	4.0	4:47	0.4	5:15	0.2	7:21	4:57	
16	Wed	11:37	3.9			5:32	0.6	5:57	0.3	7:21	4:58	
17	Thu	12:27	4.0	12:27	3.8	6:31	0.7	6:51	0.3	7:21	4:59	
18	Fri	1:14	4.2	1:21	3.8	7:42	0.7	7:55	0.3	7:20	5:01	
19	Sat	2:06	4.3	2:22	3.8	8:51	0.5	8:59	0.1	7:20	5:02	
20	Sun	3:06	4.6	3:30	3.9	9:53	0.1	9:58	-0.1	7:19	5:03	
21	Mon	4:10	4.9	4:37	4.1	10:49	-0.3	10:55	-0.4	7:18	5:04	
22	Tue	5:09	5.3	5:36	4.4	11:43	-0.7	11:50	-0.7	7:18	5:05	
23	Wed	6:03	5.7	6:30	4.8			12:37	-1.0	7:17	5:06	
24	Thu	6:55	5.9	7:22	5.0	12:45	-1.0	1:29	-1.3	7:16	5:08	
25	Fri	7:45	6.0	8:14	5.2	1:40	-1.2	2:19	-1.5	7:16	5:09	
26	Sat	8:37	5.9	9:07	5.2	2:33	-1.2	3:07	-1.5	7:15	5:10	
27	Sun	9:30	5.7	10:02	5.2	3:24	-1.2	3:55	-1.4	7:14	5:11	
28	Mon	10:24	5.4	10:58	5.0	4:15	-0.9	4:42	-1.2	7:13	5:12	
29	Tue	11:20	5.0	11:54	4.9	5:09	-0.6	5:33	-0.8	7:13	5:14	
30	Wed			12:16	4.6	6:08	-0.2	6:28	-0.4	7:12	5:15	
31	Thu	12:49	4.7	1:10	4.3	7:14	0.1	7:28	-0.1	7:11	5:16	