US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1813

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**10:03**	5.2	**10:15**	5.6	**3:57**	-0.4	**4:01**	0.2	4:32	7:34	
2	Fri	**10:58**	5.1	**11:08**	5.3	**4:43**	-0.2	**4:51**	0.5	4:33	7:33	
3	Sat	**11:51**	5.0	**11:59**	5.0	**5:31**	0.1	**5:44**	0.9	4:33	7:33	
4	Sun			**12:41**	4.9	**6:21**	0.4	**6:43**	1.1	4:34	7:33	
5	Mon	**12:48**	4.7	**1:28**	4.9	**7:13**	0.6	**7:43**	1.2	4:35	7:33	
6	Tue	**1:36**	4.5	**2:15**	4.9	**8:05**	0.8	**8:41**	1.2	4:35	7:33	
7	Wed	**2:26**	4.3	**3:05**	4.9	**8:54**	0.8	**9:35**	1.0	4:36	7:32	
8	Thu	**3:19**	4.2	**3:56**	5.0	**9:41**	0.8	**10:24**	0.9	4:36	7:32	
9	Fri	**4:15**	4.2	**4:45**	5.2	**10:26**	0.8	**11:10**	0.7	4:37	7:32	
10	Sat	**5:07**	4.3	**5:30**	5.3	**11:10**	0.7	**11:55**	0.5	4:38	7:31	
11	Sun	**5:54**	4.4	**6:12**	5.5	**11:53**	0.7			4:38	7:31	
12	Mon	**6:37**	4.5	**6:50**	5.6	**12:40**	0.3	**12:38**	0.6	4:39	7:30	
13	Tue	**7:17**	4.6	**7:28**	5.6	**1:24**	0.2	**1:22**	0.6	4:40	7:30	
14	Wed	**7:57**	4.6	**8:05**	5.6	**2:07**	0.1	**2:05**	0.6	4:41	7:29	
15	Thu	**8:36**	4.6	**8:44**	5.6	**2:47**	0.0	**2:47**	0.5	4:41	7:29	
16	Fri	**9:18**	4.7	**9:27**	5.5	**3:26**	0.0	**3:28**	0.6	4:42	7:28	
17	Sat	**10:04**	4.8	**10:14**	5.3	**4:04**	0.0	**4:10**	0.6	4:43	7:28	
18	Sun	**10:54**	4.9	**11:08**	5.2	**4:44**	0.1	**4:58**	0.7	4:44	7:27	
19	Mon	**11:47**	5.1			**5:29**	0.1	**5:57**	0.8	4:45	7:26	
20	Tue	**12:04**	5.1	**12:41**	5.2	**6:22**	0.2	**7:08**	0.8	4:45	7:26	
21	Wed	**1:00**	4.9	**1:36**	5.4	**7:23**	0.2	**8:19**	0.7	4:46	7:25	
22	Thu	**2:00**	4.8	**2:36**	5.6	**8:26**	0.2	**9:25**	0.5	4:47	7:24	
23	Fri	**3:05**	4.8	**3:39**	5.8	**9:28**	0.1	**10:26**	0.2	4:48	7:23	
24	Sat	**4:12**	4.8	**4:42**	6.0	**10:26**	0.0	**11:22**	0.0	4:49	7:22	
25	Sun	**5:15**	5.0	**5:40**	6.2	**11:22**	-0.1			4:50	7:22	
26	Mon	**6:12**	5.2	**6:32**	6.2	**12:17**	-0.2	**12:18**	-0.2	4:51	7:21	
27	Tue	**7:04**	5.3	**7:22**	6.2	**1:10**	-0.4	**1:12**	-0.2	4:52	7:20	
28	Wed	**7:55**	5.4	**8:10**	6.1	**2:00**	-0.5	**2:04**	-0.1	4:53	7:19	
29	Thu	**8:45**	5.4	**8:58**	5.8	**2:47**	-0.4	**2:52**	0.0	4:53	7:18	
30	Fri	**9:35**	5.3	**9:46**	5.5	**3:30**	-0.3	**3:38**	0.2	4:54	7:17	
31	Sat	**10:25**	5.2	**10:34**	5.2	**4:12**	-0.1	**4:23**	0.5	4:55	7:16	