US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Aug 1813

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**11:14**	5.0	**11:23**	4.9	**4:53**	0.2	**5:09**	0.8	4:56	7:15	
2	Mon			**12:02**	4.9	**5:36**	0.5	**6:00**	1.1	4:57	7:14	
3	Tue	**12:11**	4.6	**12:48**	4.9	**6:22**	0.8	**6:58**	1.3	4:58	7:13	
4	Wed	**12:58**	4.4	**1:34**	4.8	**7:13**	1.0	**7:58**	1.3	4:59	7:12	
5	Thu	**1:46**	4.2	**2:21**	4.8	**8:07**	1.1	**8:56**	1.2	5:00	7:10	
6	Fri	**2:38**	4.1	**3:13**	4.9	**9:00**	1.1	**9:50**	1.1	5:01	7:09	
7	Sat	**3:36**	4.1	**4:07**	5.0	**9:51**	1.0	**10:39**	0.9	5:02	7:08	
8	Sun	**4:34**	4.2	**4:57**	5.2	**10:39**	0.9	**11:25**	0.6	5:03	7:07	
9	Mon	**5:24**	4.4	**5:43**	5.4	**11:25**	0.8			5:04	7:06	
10	Tue	**6:09**	4.6	**6:24**	5.6	**12:10**	0.4	**12:11**	0.6	5:05	7:04	
11	Wed	**6:50**	4.8	**7:03**	5.8	**12:55**	0.2	**12:58**	0.5	5:06	7:03	
12	Thu	**7:30**	5.0	**7:43**	5.8	**1:38**	0.0	**1:43**	0.3	5:07	7:02	
13	Fri	**8:10**	5.1	**8:24**	5.8	**2:20**	-0.1	**2:28**	0.3	5:08	7:00	
14	Sat	**8:52**	5.2	**9:08**	5.7	**3:00**	-0.2	**3:12**	0.2	5:09	6:59	
15	Sun	**9:39**	5.3	**9:57**	5.5	**3:39**	-0.2	**3:57**	0.3	5:10	6:58	
16	Mon	**10:30**	5.4	**10:51**	5.3	**4:20**	-0.1	**4:46**	0.4	5:11	6:56	
17	Tue	**11:25**	5.5	**11:49**	5.1	**5:05**	0.0	**5:44**	0.6	5:12	6:55	
18	Wed			**12:22**	5.5	**5:58**	0.2	**6:52**	0.7	5:13	6:54	
19	Thu	**12:48**	4.9	**1:19**	5.6	**7:01**	0.4	**8:04**	0.7	5:14	6:52	
20	Fri	**1:48**	4.8	**2:19**	5.6	**8:09**	0.4	**9:11**	0.6	5:15	6:51	
21	Sat	**2:53**	4.7	**3:24**	5.6	**9:14**	0.4	**10:12**	0.4	5:16	6:49	
22	Sun	**4:00**	4.8	**4:28**	5.7	**10:14**	0.3	**11:07**	0.1	5:17	6:48	
23	Mon	**5:02**	5.0	**5:26**	5.9	**11:10**	0.1	**11:59**	-0.1	5:18	6:46	
24	Tue	**5:57**	5.3	**6:17**	6.0			**12:03**	0.1	5:19	6:45	
25	Wed	**6:47**	5.4	**7:04**	6.0	**12:49**	-0.2	**12:55**	0.0	5:20	6:43	
26	Thu	**7:33**	5.5	**7:48**	5.9	**1:36**	-0.2	**1:44**	0.0	5:21	6:42	
27	Fri	**8:18**	5.5	**8:31**	5.7	**2:19**	-0.2	**2:30**	0.1	5:22	6:40	
28	Sat	**9:03**	5.4	**9:14**	5.4	**3:00**	-0.1	**3:12**	0.3	5:23	6:39	
29	Sun	**9:47**	5.3	**9:58**	5.1	**3:37**	0.1	**3:53**	0.5	5:24	6:37	
30	Mon	**10:32**	5.1	**10:44**	4.8	**4:13**	0.4	**4:34**	0.8	5:24	6:36	
31	Tue	**11:18**	5.0	**11:32**	4.5	**4:50**	0.7	**5:19**	1.0	5:25	6:34	