US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1826

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**4:27**	4.1	**4:49**	5.1	**10:27**	0.8	**11:23**	0.7	4:32	7:34	
2	Sun	**5:19**	4.3	**5:34**	5.3	**11:12**	0.7			4:33	7:33	
3	Mon	**6:05**	4.4	**6:15**	5.4	**12:08**	0.5	**11:57 AM**	0.6	4:33	7:33	
4	Tue	**6:48**	4.5	**6:53**	5.5	**12:53**	0.3	**12:43**	0.6	4:34	7:33	
5	Wed	**7:29**	4.6	**7:30**	5.6	**1:36**	0.2	**1:28**	0.5	4:35	7:33	
6	Thu	**8:09**	4.7	**8:07**	5.6	**2:18**	0.1	**2:12**	0.5	4:35	7:33	
7	Fri	**8:49**	4.8	**8:46**	5.5	**2:57**	0.0	**2:54**	0.4	4:36	7:32	
8	Sat	**9:33**	4.8	**9:30**	5.4	**3:34**	0.0	**3:36**	0.5	4:36	7:32	
9	Sun	**10:20**	5.0	**10:19**	5.3	**4:11**	0.0	**4:21**	0.5	4:37	7:32	
10	Mon	**11:11**	5.1	**11:13**	5.1	**4:51**	0.1	**5:12**	0.6	4:38	7:31	
11	Tue			**12:04**	5.3	**5:37**	0.2	**6:13**	0.7	4:38	7:31	
12	Wed	**12:10**	4.9	**12:57**	5.4	**6:33**	0.3	**7:24**	0.7	4:39	7:30	
13	Thu	**1:09**	4.8	**1:53**	5.6	**7:37**	0.3	**8:34**	0.6	4:40	7:30	
14	Fri	**2:10**	4.6	**2:54**	5.7	**8:42**	0.3	**9:39**	0.4	4:41	7:29	
15	Sat	**3:18**	4.6	**3:59**	5.8	**9:44**	0.2	**10:38**	0.2	4:41	7:29	
16	Sun	**4:27**	4.7	**5:00**	6.0	**10:43**	0.1	**11:34**	-0.1	4:42	7:28	
17	Mon	**5:29**	4.9	**5:56**	6.2	**11:40**	0.0			4:43	7:28	
18	Tue	**6:25**	5.1	**6:47**	6.2	**12:28**	-0.3	**12:35**	-0.1	4:44	7:27	
19	Wed	**7:16**	5.3	**7:35**	6.2	**1:19**	-0.4	**1:28**	-0.1	4:45	7:26	
20	Thu	**8:06**	5.3	**8:23**	6.0	**2:08**	-0.5	**2:19**	0.0	4:45	7:26	
21	Fri	**8:55**	5.3	**9:10**	5.7	**2:53**	-0.4	**3:06**	0.1	4:46	7:25	
22	Sat	**9:43**	5.2	**9:57**	5.4	**3:34**	-0.3	**3:51**	0.4	4:47	7:24	
23	Sun	**10:31**	5.1	**10:45**	5.1	**4:14**	0.0	**4:35**	0.6	4:48	7:23	
24	Mon	**11:19**	5.0	**11:33**	4.7	**4:53**	0.3	**5:21**	0.9	4:49	7:23	
25	Tue			**12:05**	4.9	**5:34**	0.5	**6:14**	1.2	4:50	7:22	
26	Wed	**12:20**	4.5	**12:50**	4.8	**6:19**	0.8	**7:13**	1.3	4:51	7:21	
27	Thu	**1:08**	4.2	**1:35**	4.8	**7:10**	1.0	**8:14**	1.3	4:52	7:20	
28	Fri	**1:57**	4.1	**2:23**	4.8	**8:06**	1.1	**9:12**	1.2	4:52	7:19	
29	Sat	**2:51**	4.0	**3:16**	4.8	**9:01**	1.1	**10:04**	1.1	4:53	7:18	
30	Sun	**3:50**	4.0	**4:11**	5.0	**9:53**	1.0	**10:52**	0.8	4:54	7:17	
31	Mon	**4:46**	4.2	**5:02**	5.2	**10:43**	0.8	**11:38**	0.6	4:55	7:16	