US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1856

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:30	4.7	6:47	5.9	12:38	0.0	12:29	0.3	4:33	7:34	
2	Wed	7:19	4.8	7:33	5.8	1:29	0.0	1:20	0.4	4:33	7:33	
3	Thu	8:08	4.7	8:18	5.6	2:16	0.0	2:09	0.5	4:34	7:33	
4	Fri	8:56	4.7	9:03	5.4	3:00	0.0	2:54	0.6	4:34	7:33	
5	Sat	9:45	4.6	9:48	5.1	3:41	0.2	3:37	0.8	4:35	7:33	
6	Sun	10:33	4.6	10:33	4.9	4:19	0.3	4:18	1.0	4:36	7:33	
7	Mon	11:21	4.5	11:19	4.6	4:57	0.5	5:02	1.2	4:36	7:32	
8	Tue			12:06	4.6	5:36	0.7	5:51	1.3	4:37	7:32	
9	Wed	12:04	4.4	12:49	4.6	6:19	0.9	6:49	1.5	4:38	7:31	
10	Thu	12:48	4.2	1:32	4.7	7:06	1.0	7:51	1.5	4:38	7:31	
11	Fri	1:33	4.0	2:15	4.7	7:56	1.1	8:51	1.3	4:39	7:31	
12	Sat	2:23	3.9	3:04	4.8	8:47	1.1	9:46	1.1	4:40	7:30	
13	Sun	3:21	3.9	3:56	5.0	9:38	1.0	10:37	0.9	4:40	7:30	
14	Mon	4:22	3.9	4:48	5.3	10:27	0.9	11:27	0.6	4:41	7:29	
15	Tue	5:18	4.1	5:37	5.5	11:16	0.8			4:42	7:29	
16	Wed	6:07	4.3	6:23	5.8	12:16	0.4	12:06	0.6	4:43	7:28	
17	Thu	6:54	4.5	7:08	6.0	1:05	0.1	12:58	0.4	4:44	7:27	
18	Fri	7:40	4.7	7:55	6.1	1:53	-0.1	1:49	0.3	4:44	7:27	
19	Sat	8:28	4.9	8:43	6.0	2:38	-0.3	2:40	0.2	4:45	7:26	
20	Sun	9:19	5.1	9:34	5.9	3:22	-0.4	3:29	0.1	4:46	7:25	
21	Mon	10:12	5.2	10:28	5.7	4:06	-0.4	4:20	0.2	4:47	7:24	
22	Tue	11:08	5.4	11:24	5.4	4:51	-0.3	5:15	0.4	4:48	7:24	
23	Wed			12:03	5.5	5:39	-0.1	6:18	0.6	4:49	7:23	
24	Thu	12:20	5.1	12:57	5.5	6:34	0.1	7:27	0.7	4:50	7:22	
25	Fri	1:16	4.8	1:51	5.5	7:33	0.3	8:36	0.7	4:51	7:21	
26	Sat	2:14	4.6	2:49	5.5	8:34	0.4	9:39	0.7	4:51	7:20	
27	Sun	3:17	4.4	3:51	5.5	9:33	0.5	10:37	0.5	4:52	7:19	
28	Mon	4:23	4.4	4:51	5.5	10:29	0.5	11:30	0.4	4:53	7:18	
29	Tue	5:23	4.5	5:44	5.6	11:22	0.5			4:54	7:17	
30	Wed	6:15	4.6	6:31	5.6	12:21	0.3	12:13	0.5	4:55	7:16	
31	Thu	7:02	4.7	7:15	5.6	1:08	0.2	1:02	0.5	4:56	7:15	