

Atlantic Highlands, NJ - Jul 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:29	4.6	6:09	0.4	6:16	1.0	5:29	8:30	
2	Tue	12:23	5.0	1:18	4.8	6:53	0.4	7:18	1.0	5:30	8:30	
3	Wed	1:17	4.8	2:08	5.1	7:46	0.5	8:30	1.0	5:30	8:29	
4	Thu	2:13	4.7	3:01	5.4	8:45	0.4	9:40	0.8	5:31	8:29	
5	Fri	3:13	4.6	4:00	5.6	9:46	0.3	10:45	0.5	5:31	8:29	
6	Sat	4:21	4.5	5:03	5.9	10:46	0.2	11:45	0.2	5:32	8:29	
7	Sun	5:30	4.6	6:05	6.1	11:44	0.1			5:33	8:28	
8	Mon	6:34	4.7	7:02	6.3	12:43	0.0	12:42	0.0	5:33	8:28	
9	Tue	7:32	4.9	7:55	6.3	1:39	-0.2	1:40	0.0	5:34	8:28	
10	Wed	8:27	5.0	8:47	6.3	2:34	-0.4	2:37	0.0	5:35	8:27	
11	Thu	9:20	5.1	9:39	6.1	3:25	-0.4	3:31	0.0	5:35	8:27	
12	Fri	10:14	5.1	10:30	5.8	4:13	-0.4	4:21	0.2	5:36	8:26	
13	Sat	11:08	5.0	11:21	5.5	4:58	-0.3	5:09	0.4	5:37	8:26	
14	Sun			12:01	5.0	5:42	-0.1	5:59	0.7	5:38	8:25	
15	Mon	12:12	5.2	12:51	4.9	6:25	0.2	6:52	1.0	5:38	8:25	
16	Tue	1:02	4.8	1:38	4.9	7:11	0.5	7:50	1.2	5:39	8:24	
17	Wed	1:49	4.5	2:22	4.9	7:59	0.8	8:51	1.3	5:40	8:24	
18	Thu	2:36	4.2	3:07	4.8	8:49	0.9	9:50	1.3	5:41	8:23	
19	Fri	3:27	4.0	3:56	4.8	9:39	1.0	10:44	1.2	5:42	8:22	
20	Sat	4:23	3.9	4:48	4.9	10:29	1.0	11:33	1.0	5:42	8:21	
21	Sun	5:21	3.9	5:41	5.0	11:17	1.0			5:43	8:21	
22	Mon	6:15	4.1	6:28	5.2	12:20	0.8	12:04	0.9	5:44	8:20	
23	Tue	7:02	4.2	7:11	5.3	1:06	0.7	12:50	0.8	5:45	8:19	
24	Wed	7:46	4.4	7:50	5.5	1:51	0.5	1:36	0.8	5:46	8:18	
25	Thu	8:26	4.5	8:27	5.5	2:34	0.3	2:22	0.7	5:47	8:17	
26	Fri	9:06	4.6	9:04	5.6	3:15	0.2	3:06	0.6	5:48	8:17	
27	Sat	9:45	4.7	9:42	5.5	3:53	0.1	3:48	0.5	5:49	8:16	
28	Sun	10:26	4.8	10:24	5.4	4:28	0.1	4:30	0.5	5:49	8:15	
29	Mon	11:11	4.9	11:10	5.2	5:04	0.1	5:13	0.6	5:50	8:14	
30	Tue	11:59	5.1			5:40	0.2	6:02	0.7	5:51	8:13	
31	Wed	12:02	5.0	12:50	5.3	6:22	0.3	7:00	0.8	5:52	8:12	