

Atlantic Highlands, NJ - Jan 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:44	4.8	6:12	3.8			12:17	0.1	7:19	4:40	
2	Thu	6:24	4.8	6:54	3.9	12:03	0.2	1:00	0.0	7:19	4:41	
3	Fri	7:02	4.9	7:34	3.9	12:47	0.2	1:43	-0.1	7:19	4:42	
4	Sat	7:38	4.9	8:13	3.9	1:30	0.2	2:22	-0.1	7:19	4:43	
5	Sun	8:13	4.8	8:51	3.9	2:11	0.2	2:59	-0.2	7:19	4:43	
6	Mon	8:47	4.7	9:30	3.9	2:49	0.2	3:34	-0.1	7:19	4:44	
7	Tue	9:22	4.6	10:10	3.9	3:26	0.2	4:07	-0.1	7:19	4:45	
8	Wed	10:02	4.5	10:54	4.0	4:03	0.3	4:40	0.0	7:19	4:46	
9	Thu	10:48	4.3	11:41	4.1	4:45	0.4	5:16	0.0	7:19	4:47	
10	Fri	11:40	4.1			5:37	0.5	6:01	0.1	7:18	4:48	
11	Sat	12:31	4.3	12:37	4.0	6:45	0.6	6:59	0.1	7:18	4:49	
12	Sun	1:24	4.5	1:37	3.8	8:02	0.5	8:07	0.1	7:18	4:50	
13	Mon	2:23	4.8	2:44	3.8	9:13	0.3	9:14	0.0	7:17	4:52	
14	Tue	3:29	5.0	3:58	3.8	10:17	-0.1	10:17	-0.2	7:17	4:53	
15	Wed	4:36	5.3	5:06	4.1	11:16	-0.4	11:16	-0.5	7:17	4:54	
16	Thu	5:37	5.6	6:06	4.3			12:12	-0.7	7:16	4:55	
17	Fri	6:32	5.8	7:00	4.6	12:14	-0.7	1:07	-1.0	7:16	4:56	
18	Sat	7:23	5.8	7:53	4.8	1:12	-0.8	1:59	-1.1	7:15	4:57	
19	Sun	8:14	5.8	8:45	4.8	2:06	-0.9	2:47	-1.2	7:15	4:58	
20	Mon	9:04	5.6	9:37	4.8	2:57	-0.8	3:32	-1.1	7:14	4:59	
21	Tue	9:54	5.2	10:28	4.7	3:45	-0.6	4:15	-0.9	7:14	5:01	
22	Wed	10:45	4.8	11:19	4.6	4:33	-0.3	4:58	-0.6	7:13	5:02	
23	Thu	11:35	4.4			5:23	0.0	5:42	-0.3	7:12	5:03	
24	Fri	12:09	4.4	12:25	4.1	6:19	0.4	6:30	0.1	7:12	5:04	
25	Sat	12:56	4.3	1:14	3.7	7:21	0.6	7:23	0.4	7:11	5:05	
26	Sun	1:43	4.2	2:05	3.5	8:25	0.7	8:18	0.5	7:10	5:07	
27	Mon	2:33	4.1	3:02	3.3	9:24	0.6	9:13	0.6	7:09	5:08	
28	Tue	3:29	4.1	4:03	3.3	10:17	0.5	10:05	0.5	7:08	5:09	
29	Wed	4:27	4.2	5:01	3.4	11:06	0.3	10:54	0.4	7:08	5:10	
30	Thu	5:19	4.4	5:50	3.6	11:51	0.1	11:40	0.2	7:07	5:11	
31	Fri	6:03	4.5	6:33	3.8			12:35	0.0	7:06	5:13	