

Atlantic Highlands, NJ - Jun 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:53	4.9	9:13	6.4	3:06	-0.5	3:04	-0.1	5:27	8:19	
2	Mon	9:49	4.9	10:08	6.2	3:58	-0.5	3:58	0.0	5:27	8:20	
3	Tue	10:48	4.9	11:07	6.0	4:48	-0.5	4:52	0.1	5:27	8:21	
4	Wed	11:51	4.9			5:40	-0.3	5:48	0.4	5:26	8:22	
5	Thu	12:08	5.7	12:52	4.9	6:35	-0.1	6:50	0.6	5:26	8:22	
6	Fri	1:07	5.4	1:48	5.0	7:33	0.1	7:59	0.8	5:26	8:23	
7	Sat	2:02	5.1	2:42	5.1	8:31	0.2	9:07	0.9	5:25	8:23	
8	Sun	2:56	4.9	3:35	5.1	9:26	0.3	10:09	0.8	5:25	8:24	
9	Mon	3:51	4.6	4:29	5.2	10:17	0.3	11:04	0.7	5:25	8:25	
10	Tue	4:48	4.5	5:21	5.3	11:03	0.4	11:54	0.6	5:25	8:25	
11	Wed	5:43	4.4	6:08	5.4	11:47	0.5			5:25	8:26	
12	Thu	6:33	4.4	6:51	5.5	12:40	0.5	12:29	0.5	5:25	8:26	
13	Fri	7:19	4.4	7:31	5.5	1:25	0.4	1:12	0.6	5:25	8:27	
14	Sat	8:02	4.4	8:09	5.5	2:10	0.4	1:55	0.7	5:25	8:27	
15	Sun	8:44	4.4	8:47	5.4	2:53	0.3	2:38	0.8	5:25	8:27	
16	Mon	9:26	4.3	9:24	5.2	3:33	0.4	3:19	0.8	5:25	8:28	
17	Tue	10:09	4.3	10:01	5.1	4:12	0.4	3:59	0.9	5:25	8:28	
18	Wed	10:53	4.2	10:39	4.9	4:48	0.5	4:36	1.0	5:25	8:28	
19	Thu	11:38	4.2	11:19	4.8	5:24	0.6	5:14	1.2	5:25	8:29	
20	Fri			12:23	4.2	5:59	0.7	5:55	1.3	5:25	8:29	
21	Sat	12:04	4.7	1:06	4.4	6:38	0.7	6:45	1.3	5:25	8:29	
22	Sun	12:51	4.6	1:49	4.6	7:22	0.8	7:50	1.3	5:26	8:29	
23	Mon	1:41	4.5	2:33	4.8	8:14	0.8	9:00	1.2	5:26	8:30	
24	Tue	2:34	4.4	3:23	5.1	9:09	0.7	10:05	1.0	5:26	8:30	
25	Wed	3:33	4.3	4:20	5.4	10:06	0.6	11:06	0.6	5:27	8:30	
26	Thu	4:41	4.3	5:20	5.7	11:02	0.4			5:27	8:30	
27	Fri	5:48	4.5	6:19	6.1	12:03	0.3	11:58 AM	0.2	5:27	8:30	
28	Sat	6:48	4.7	7:14	6.3	12:59	0.0	12:55	0.1	5:28	8:30	
29	Sun	7:45	4.9	8:07	6.5	1:55	-0.3	1:53	-0.1	5:28	8:30	
30	Mon	8:40	5.0	9:01	6.4	2:50	-0.5	2:51	-0.1	5:29	8:30	