

Atlantic Highlands, NJ - Nov 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:18	3.9	12:19	4.5	5:43	1.5	7:01	1.3	6:26	4:53	
2	Sun	1:10	3.9	1:10	4.4	6:53	1.7	8:01	1.2	6:27	4:52	
3	Mon	2:01	4.0	2:02	4.4	8:04	1.6	8:54	1.0	6:28	4:51	
4	Tue	2:53	4.2	2:55	4.4	9:05	1.4	9:40	0.8	6:29	4:50	
5	Wed	3:44	4.5	3:50	4.5	9:57	1.1	10:22	0.6	6:30	4:48	
6	Thu	4:32	4.9	4:41	4.7	10:45	0.7	11:02	0.4	6:31	4:47	
7	Fri	5:14	5.2	5:27	4.8	11:32	0.4	11:42	0.2	6:33	4:46	
8	Sat	5:54	5.6	6:10	4.9			12:19	0.1	6:34	4:45	
9	Sun	6:33	5.9	6:53	4.9	12:23	0.1	1:06	-0.1	6:35	4:44	
10	Mon	7:14	6.1	7:37	4.9	1:07	0.0	1:55	-0.2	6:36	4:43	
11	Tue	7:58	6.1	8:26	4.8	1:52	0.0	2:44	-0.2	6:37	4:42	
12	Wed	8:47	6.0	9:20	4.6	2:40	0.0	3:32	-0.2	6:38	4:41	
13	Thu	9:43	5.8	10:22	4.5	3:29	0.2	4:23	0.0	6:40	4:40	
14	Fri	10:45	5.6	11:28	4.4	4:21	0.4	5:19	0.1	6:41	4:40	
15	Sat	11:50	5.4			5:23	0.6	6:23	0.3	6:42	4:39	
16	Sun	12:32	4.5	12:52	5.2	6:36	0.8	7:28	0.3	6:43	4:38	
17	Mon	1:32	4.6	1:51	5.0	7:52	0.8	8:30	0.2	6:44	4:37	
18	Tue	2:32	4.8	2:51	4.9	9:00	0.6	9:24	0.1	6:45	4:36	
19	Wed	3:31	5.1	3:50	4.8	10:00	0.4	10:13	-0.1	6:47	4:36	
20	Thu	4:27	5.3	4:46	4.8	10:52	0.2	10:59	-0.1	6:48	4:35	
21	Fri	5:16	5.5	5:36	4.8	11:41	0.1	11:42	-0.1	6:49	4:34	
22	Sat	6:00	5.6	6:22	4.8			12:28	0.0	6:50	4:34	
23	Sun	6:40	5.7	7:05	4.7	12:24	0.0	1:14	0.0	6:51	4:33	
24	Mon	7:19	5.6	7:47	4.5	1:06	0.1	1:58	0.0	6:52	4:33	
25	Tue	7:57	5.4	8:30	4.4	1:48	0.3	2:39	0.1	6:53	4:32	
26	Wed	8:35	5.2	9:14	4.2	2:28	0.4	3:19	0.2	6:54	4:32	
27	Thu	9:15	5.0	10:01	4.0	3:06	0.6	3:57	0.4	6:55	4:31	
28	Fri	9:58	4.7	10:52	3.9	3:44	0.8	4:37	0.6	6:56	4:31	
29	Sat	10:44	4.5	11:43	3.8	4:23	1.0	5:19	0.7	6:58	4:31	
30	Sun	11:33	4.3			5:07	1.2	6:07	0.8	6:59	4:30	