

Atlantic Highlands, NJ - Feb 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:15	4.5	2:43	3.5	9:15	0.4	9:10	0.2	7:05	5:13	
2	Mon	3:25	4.7	3:59	3.6	10:19	0.0	10:16	-0.1	7:04	5:15	
3	Tue	4:35	5.1	5:07	4.0	11:16	-0.4	11:17	-0.4	7:03	5:16	
4	Wed	5:36	5.4	6:05	4.4			12:10	-0.7	7:02	5:17	
5	Thu	6:30	5.7	6:58	4.8	12:15	-0.7	1:03	-1.1	7:01	5:18	
6	Fri	7:20	5.9	7:49	5.1	1:12	-1.0	1:53	-1.3	7:00	5:20	
7	Sat	8:10	5.8	8:39	5.2	2:06	-1.1	2:40	-1.4	6:59	5:21	
8	Sun	9:00	5.6	9:30	5.2	2:56	-1.1	3:24	-1.4	6:58	5:22	
9	Mon	9:50	5.3	10:21	5.1	3:46	-0.9	4:07	-1.1	6:57	5:23	
10	Tue	10:42	4.8	11:14	4.9	4:35	-0.6	4:51	-0.8	6:55	5:24	
11	Wed	11:35	4.4			5:27	-0.2	5:38	-0.3	6:54	5:26	
12	Thu	12:05	4.7	12:29	4.0	6:27	0.2	6:30	0.1	6:53	5:27	
13	Fri	12:56	4.5	1:22	3.7	7:33	0.5	7:30	0.4	6:52	5:28	
14	Sat	1:49	4.2	2:19	3.4	8:40	0.6	8:33	0.6	6:51	5:29	
15	Sun	2:46	4.1	3:21	3.4	9:41	0.5	9:32	0.6	6:49	5:30	
16	Mon	3:48	4.1	4:24	3.4	10:34	0.4	10:26	0.5	6:48	5:32	
17	Tue	4:47	4.2	5:18	3.7	11:20	0.3	11:14	0.4	6:47	5:33	
18	Wed	5:36	4.4	6:04	3.9			12:04	0.1	6:45	5:34	
19	Thu	6:18	4.5	6:44	4.1			12:44	-0.1	6:44	5:35	
20	Fri	6:55	4.7	7:22	4.3	12:43	0.0	1:23	-0.2	6:43	5:36	
21	Sat	7:30	4.7	7:57	4.4	1:25	-0.1	1:59	-0.3	6:41	5:38	
22	Sun	8:03	4.6	8:30	4.5	2:05	-0.1	2:33	-0.3	6:40	5:39	
23	Mon	8:34	4.5	9:02	4.5	2:43	-0.1	3:03	-0.3	6:38	5:40	
24	Tue	9:06	4.4	9:34	4.5	3:18	-0.1	3:32	-0.2	6:37	5:41	
25	Wed	9:40	4.2	10:10	4.5	3:53	0.0	3:59	-0.1	6:35	5:42	
26	Thu	10:21	4.0	10:53	4.5	4:30	0.1	4:29	0.1	6:34	5:43	
27	Fri	11:11	3.8	11:46	4.5	5:15	0.3	5:07	0.3	6:32	5:44	
28	Sat			12:10	3.6	6:16	0.5	6:03	0.4	6:31	5:46	