

## Atlantic Highlands, NJ - Aug 1970

| Date |     | High  |     |       |     | Low   |      |          |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM       | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 7:51  | 4.6 | 8:01  | 5.4 | 1:56  | 0.4  | 1:47     | 0.7  | 5:53                                                                                | 8:11 |    |
| 2    | Sun | 8:32  | 4.7 | 8:39  | 5.4 | 2:37  | 0.4  | 2:31     | 0.7  | 5:54                                                                                | 8:10 |    |
| 3    | Mon | 9:12  | 4.7 | 9:15  | 5.3 | 3:15  | 0.3  | 3:13     | 0.7  | 5:55                                                                                | 8:09 |    |
| 4    | Tue | 9:50  | 4.8 | 9:49  | 5.1 | 3:50  | 0.3  | 3:52     | 0.7  | 5:56                                                                                | 8:08 |    |
| 5    | Wed | 10:28 | 4.7 | 10:23 | 4.9 | 4:22  | 0.4  | 4:29     | 0.8  | 5:57                                                                                | 8:07 |    |
| 6    | Thu | 11:05 | 4.7 | 10:57 | 4.7 | 4:52  | 0.5  | 5:04     | 1.0  | 5:58                                                                                | 8:05 |    |
| 7    | Fri | 11:43 | 4.7 | 11:36 | 4.5 | 5:21  | 0.6  | 5:42     | 1.1  | 5:58                                                                                | 8:04 |    |
| 8    | Sat |       |     | 12:22 | 4.8 | 5:49  | 0.8  | 6:25     | 1.2  | 5:59                                                                                | 8:03 |    |
| 9    | Sun | 12:21 | 4.3 | 1:05  | 4.9 | 6:23  | 0.9  | 7:22     | 1.3  | 6:00                                                                                | 8:02 |    |
| 10   | Mon | 1:12  | 4.1 | 1:53  | 5.0 | 7:09  | 1.0  | 8:35     | 1.3  | 6:01                                                                                | 8:01 |    |
| 11   | Tue | 2:08  | 4.0 | 2:47  | 5.1 | 8:17  | 1.1  | 9:47     | 1.2  | 6:02                                                                                | 7:59 |    |
| 12   | Wed | 3:11  | 4.0 | 3:51  | 5.3 | 9:34  | 1.0  | 10:51    | 0.9  | 6:03                                                                                | 7:58 |   |
| 13   | Thu | 4:24  | 4.1 | 5:00  | 5.5 | 10:43 | 0.8  | 11:48    | 0.5  | 6:04                                                                                | 7:57 |  |
| 14   | Fri | 5:35  | 4.4 | 6:03  | 5.9 | 11:45 | 0.5  |          |      | 6:05                                                                                | 7:55 |  |
| 15   | Sat | 6:36  | 4.8 | 6:59  | 6.2 | 12:42 | 0.1  | 12:44    | 0.2  | 6:06                                                                                | 7:54 |  |
| 16   | Sun | 7:29  | 5.3 | 7:51  | 6.4 | 1:34  | -0.3 | 1:41     | -0.1 | 6:07                                                                                | 7:53 |  |
| 17   | Mon | 8:20  | 5.6 | 8:41  | 6.4 | 2:24  | -0.6 | 2:37     | -0.3 | 6:08                                                                                | 7:51 |  |
| 18   | Tue | 9:11  | 5.9 | 9:31  | 6.3 | 3:12  | -0.7 | 3:30     | -0.4 | 6:09                                                                                | 7:50 |  |
| 19   | Wed | 10:02 | 6.0 | 10:22 | 6.0 | 3:58  | -0.8 | 4:22     | -0.3 | 6:10                                                                                | 7:48 |  |
| 20   | Thu | 10:55 | 5.9 | 11:15 | 5.6 | 4:43  | -0.6 | 5:12     | -0.1 | 6:11                                                                                | 7:47 |  |
| 21   | Fri | 11:49 | 5.8 |       |     | 5:27  | -0.3 | 6:05     | 0.3  | 6:12                                                                                | 7:45 |  |
| 22   | Sat | 12:11 | 5.2 | 12:43 | 5.6 | 6:14  | 0.1  | 7:04     | 0.7  | 6:13                                                                                | 7:44 |  |
| 23   | Sun | 1:07  | 4.8 | 1:36  | 5.4 | 7:07  | 0.5  | 8:10     | 0.9  | 6:14                                                                                | 7:43 |  |
| 24   | Mon | 2:02  | 4.5 | 2:30  | 5.2 | 8:06  | 0.9  | 9:18     | 1.1  | 6:15                                                                                | 7:41 |  |
| 25   | Tue | 2:59  | 4.3 | 3:25  | 5.0 | 9:10  | 1.1  | 10:20    | 1.1  | 6:16                                                                                | 7:39 |  |
| 26   | Wed | 3:59  | 4.1 | 4:25  | 4.9 | 10:11 | 1.2  | 11:14    | 1.0  | 6:17                                                                                | 7:38 |  |
| 27   | Thu | 5:01  | 4.2 | 5:24  | 5.0 | 11:06 | 1.1  |          |      | 6:18                                                                                | 7:36 |  |
| 28   | Fri | 5:57  | 4.3 | 6:15  | 5.1 | 12:02 | 0.8  | 11:55 AM | 1.0  | 6:19                                                                                | 7:35 |  |
| 29   | Sat | 6:45  | 4.6 | 6:58  | 5.2 | 12:45 | 0.7  | 12:40    | 0.9  | 6:20                                                                                | 7:33 |  |
| 30   | Sun | 7:26  | 4.8 | 7:37  | 5.3 | 1:25  | 0.5  | 1:24     | 0.7  | 6:21                                                                                | 7:32 |  |
| 31   | Mon | 8:05  | 5.0 | 8:12  | 5.3 | 2:04  | 0.4  | 2:07     | 0.7  | 6:22                                                                                | 7:30 |  |