

Atlantic Highlands, NJ - Dec 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:46	5.6	9:21	4.3	2:41	0.2	3:34	-0.2	6:59	4:30	
2	Wed	9:39	5.5	10:19	4.3	3:28	0.2	4:21	-0.1	7:00	4:30	
3	Thu	10:37	5.3	11:21	4.4	4:18	0.3	5:11	-0.1	7:01	4:30	
4	Fri	11:38	5.1			5:17	0.5	6:07	0.0	7:02	4:29	
5	Sat	12:21	4.5	12:38	4.9	6:27	0.6	7:08	0.0	7:03	4:29	
6	Sun	1:18	4.7	1:35	4.8	7:41	0.6	8:08	-0.1	7:04	4:29	
7	Mon	2:15	4.9	2:34	4.6	8:50	0.4	9:05	-0.2	7:05	4:29	
8	Tue	3:14	5.2	3:36	4.5	9:52	0.2	9:58	-0.3	7:06	4:29	
9	Wed	4:13	5.4	4:37	4.5	10:48	0.0	10:48	-0.3	7:07	4:29	
10	Thu	5:07	5.5	5:33	4.5	11:40	-0.2	11:37	-0.3	7:08	4:29	
11	Fri	5:56	5.7	6:23	4.6			12:31	-0.3	7:08	4:29	
12	Sat	6:42	5.7	7:10	4.5	12:25	-0.2	1:20	-0.4	7:09	4:29	
13	Sun	7:26	5.6	7:57	4.5	1:13	-0.1	2:07	-0.3	7:10	4:30	
14	Mon	8:09	5.4	8:43	4.3	1:59	0.0	2:51	-0.3	7:11	4:30	
15	Tue	8:52	5.1	9:30	4.2	2:42	0.1	3:31	-0.1	7:12	4:30	
16	Wed	9:36	4.8	10:19	4.0	3:24	0.3	4:10	0.1	7:12	4:30	
17	Thu	10:21	4.6	11:08	4.0	4:04	0.5	4:49	0.3	7:13	4:31	
18	Fri	11:08	4.3	11:57	3.9	4:46	0.8	5:30	0.4	7:13	4:31	
19	Sat	11:54	4.1			5:34	1.0	6:15	0.6	7:14	4:31	
20	Sun	12:42	4.0	12:39	3.9	6:32	1.1	7:05	0.7	7:15	4:32	
21	Mon	1:27	4.0	1:25	3.7	7:37	1.1	7:57	0.7	7:15	4:32	
22	Tue	2:12	4.1	2:15	3.6	8:40	1.0	8:48	0.6	7:16	4:33	
23	Wed	3:01	4.3	3:13	3.6	9:37	0.8	9:38	0.5	7:16	4:33	
24	Thu	3:53	4.5	4:13	3.6	10:29	0.5	10:25	0.4	7:17	4:34	
25	Fri	4:44	4.8	5:09	3.8	11:18	0.2	11:12	0.2	7:17	4:34	
26	Sat	5:32	5.1	5:58	4.0			12:08	-0.1	7:17	4:35	
27	Sun	6:17	5.4	6:45	4.1	12:00	0.0	12:57	-0.3	7:18	4:36	
28	Mon	7:02	5.6	7:31	4.3	12:50	-0.1	1:46	-0.6	7:18	4:36	
29	Tue	7:49	5.7	8:19	4.4	1:41	-0.3	2:33	-0.7	7:18	4:37	
30	Wed	8:37	5.6	9:11	4.5	2:32	-0.4	3:18	-0.8	7:18	4:38	
31	Thu	9:29	5.5	10:02	4.6	3:21	-0.4	4:04	-0.8	7:19	4:39	