

Atlantic Highlands, NJ - Jan 1973

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:05	4.7	5:29	3.7	11:30	0.2	11:28	0.3	7:19	4:40	
2	Tue	5:49	4.8	6:13	3.9			12:15	0.0	7:19	4:41	
3	Wed	6:30	4.9	6:54	4.0	12:12	0.2	12:58	-0.1	7:19	4:42	
4	Thu	7:08	5.0	7:33	4.0	12:56	0.1	1:40	-0.2	7:19	4:43	
5	Fri	7:44	5.0	8:10	4.1	1:38	0.1	2:20	-0.3	7:19	4:43	
6	Sat	8:19	4.9	8:46	4.1	2:19	0.0	2:57	-0.4	7:19	4:44	
7	Sun	8:54	4.9	9:24	4.1	2:57	0.1	3:32	-0.4	7:19	4:45	
8	Mon	9:33	4.7	10:05	4.2	3:35	0.1	4:06	-0.3	7:19	4:46	
9	Tue	10:17	4.5	10:52	4.3	4:14	0.2	4:42	-0.3	7:18	4:47	
10	Wed	11:08	4.4	11:44	4.5	5:00	0.3	5:23	-0.2	7:18	4:48	
11	Thu			12:04	4.2	5:59	0.4	6:15	-0.1	7:18	4:49	
12	Fri	12:39	4.6	1:03	4.0	7:14	0.4	7:20	0.0	7:18	4:50	
13	Sat	1:37	4.7	2:06	3.9	8:30	0.3	8:29	-0.1	7:17	4:52	
14	Sun	2:41	4.9	3:16	3.9	9:38	0.1	9:36	-0.3	7:17	4:53	
15	Mon	3:50	5.1	4:26	4.1	10:39	-0.3	10:37	-0.5	7:17	4:54	
16	Tue	4:55	5.3	5:29	4.4	11:36	-0.6	11:35	-0.7	7:16	4:55	
17	Wed	5:53	5.6	6:25	4.7			12:31	-0.9	7:16	4:56	
18	Thu	6:46	5.7	7:17	4.9	12:32	-0.8	1:23	-1.1	7:15	4:57	
19	Fri	7:35	5.7	8:07	5.0	1:26	-0.9	2:12	-1.2	7:15	4:58	
20	Sat	8:23	5.6	8:57	5.0	2:18	-0.9	2:57	-1.2	7:14	4:59	
21	Sun	9:11	5.3	9:46	4.9	3:05	-0.8	3:40	-1.0	7:14	5:01	
22	Mon	9:59	4.9	10:35	4.7	3:51	-0.5	4:20	-0.7	7:13	5:02	
23	Tue	10:47	4.5	11:24	4.6	4:36	-0.2	5:01	-0.4	7:12	5:03	
24	Wed	11:36	4.2			5:24	0.1	5:44	0.0	7:12	5:04	
25	Thu	12:12	4.4	12:24	3.8	6:17	0.4	6:32	0.3	7:11	5:05	
26	Fri	12:58	4.3	1:12	3.6	7:18	0.7	7:26	0.5	7:10	5:07	
27	Sat	1:46	4.1	2:04	3.4	8:21	0.7	8:25	0.6	7:09	5:08	
28	Sun	2:38	4.1	3:02	3.3	9:20	0.6	9:21	0.6	7:08	5:09	
29	Mon	3:36	4.1	4:04	3.3	10:13	0.5	10:13	0.5	7:08	5:10	
30	Tue	4:32	4.3	5:00	3.5	11:01	0.3	11:02	0.3	7:07	5:11	
31	Wed	5:22	4.5	5:48	3.7	11:47	0.0	11:48	0.1	7:06	5:13	