

Atlantic Highlands, NJ - Jul 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:57	4.3	6:23	5.5	12:04	0.5	12:04	0.6	5:29	8:30	
2	Tue	6:48	4.4	7:08	5.6	12:51	0.4	12:50	0.6	5:29	8:30	
3	Wed	7:34	4.5	7:49	5.6	1:37	0.3	1:35	0.6	5:30	8:30	
4	Thu	8:16	4.6	8:29	5.5	2:20	0.3	2:20	0.6	5:31	8:29	
5	Fri	8:58	4.6	9:08	5.4	3:02	0.2	3:03	0.7	5:31	8:29	
6	Sat	9:39	4.6	9:46	5.3	3:41	0.2	3:43	0.7	5:32	8:29	
7	Sun	10:19	4.5	10:24	5.1	4:17	0.2	4:21	0.8	5:32	8:29	
8	Mon	11:00	4.5	11:02	4.9	4:51	0.3	4:58	1.0	5:33	8:28	
9	Tue	11:41	4.5	11:42	4.7	5:23	0.4	5:35	1.1	5:34	8:28	
10	Wed			12:21	4.6	5:57	0.5	6:17	1.2	5:34	8:28	
11	Thu	12:25	4.5	1:03	4.7	6:33	0.7	7:11	1.3	5:35	8:27	
12	Fri	1:12	4.4	1:46	4.8	7:18	0.8	8:18	1.3	5:36	8:27	
13	Sat	2:02	4.3	2:33	5.0	8:14	0.8	9:27	1.2	5:36	8:26	
14	Sun	2:58	4.2	3:28	5.2	9:18	0.7	10:31	0.9	5:37	8:26	
15	Mon	4:02	4.2	4:31	5.5	10:20	0.6	11:29	0.5	5:38	8:25	
16	Tue	5:11	4.4	5:35	5.8	11:20	0.3			5:39	8:24	
17	Wed	6:14	4.7	6:34	6.1	12:24	0.2	12:18	0.1	5:40	8:24	
18	Thu	7:10	5.1	7:28	6.4	1:18	-0.2	1:15	-0.2	5:40	8:23	
19	Fri	8:04	5.4	8:20	6.5	2:11	-0.5	2:12	-0.3	5:41	8:23	
20	Sat	8:57	5.6	9:12	6.4	3:02	-0.7	3:08	-0.4	5:42	8:22	
21	Sun	9:50	5.7	10:04	6.2	3:51	-0.8	4:01	-0.4	5:43	8:21	
22	Mon	10:45	5.8	10:59	5.9	4:38	-0.8	4:53	-0.3	5:44	8:20	
23	Tue	11:41	5.8	11:54	5.5	5:25	-0.6	5:46	0.0	5:45	8:20	
24	Wed			12:36	5.7	6:13	-0.3	6:43	0.4	5:45	8:19	
25	Thu	12:50	5.2	1:29	5.6	7:05	0.0	7:45	0.7	5:46	8:18	
26	Fri	1:44	4.8	2:21	5.4	8:02	0.4	8:50	0.8	5:47	8:17	
27	Sat	2:38	4.5	3:14	5.3	9:01	0.6	9:53	0.9	5:48	8:16	
28	Sun	3:34	4.3	4:09	5.2	9:58	0.8	10:49	0.8	5:49	8:15	
29	Mon	4:33	4.2	5:05	5.2	10:51	0.8	11:40	0.7	5:50	8:14	
30	Tue	5:33	4.2	5:58	5.2	11:40	0.8			5:51	8:13	
31	Wed	6:25	4.4	6:45	5.3	12:26	0.6	12:27	0.8	5:52	8:12	