

Atlantic Highlands, NJ - Mar 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:02	5.1	11:34	5.4	4:58	-1.0	5:17	-0.9	7:30	6:46	
2	Sun	11:57	4.7			5:49	-0.6	6:05	-0.5	7:28	6:48	
3	Mon	12:29	5.1	12:53	4.3	6:44	-0.2	6:59	0.0	7:27	6:49	
4	Tue	1:24	4.8	1:49	4.0	7:46	0.2	8:01	0.4	7:25	6:50	
5	Wed	2:18	4.5	2:46	3.8	8:53	0.4	9:08	0.6	7:24	6:51	
6	Thu	3:14	4.3	3:45	3.7	9:56	0.4	10:10	0.6	7:22	6:52	
7	Fri	4:14	4.3	4:46	3.8	10:52	0.4	11:05	0.5	7:21	6:53	
8	Sat	5:13	4.3	5:43	4.0	11:40	0.2	11:54	0.3	7:19	6:54	
9	Sun	6:06	4.4	6:31	4.2			12:24	0.1	7:17	6:55	
10	Mon	6:51	4.6	7:13	4.5	12:39	0.2	1:05	-0.1	7:16	6:56	
11	Tue	7:31	4.7	7:51	4.7	1:22	0.0	1:44	-0.2	7:14	6:57	
12	Wed	8:08	4.8	8:26	4.8	2:05	-0.1	2:22	-0.3	7:13	6:59	
13	Thu	8:44	4.7	8:59	4.8	2:45	-0.2	2:58	-0.3	7:11	7:00	
14	Fri	9:18	4.6	9:30	4.8	3:24	-0.2	3:33	-0.2	7:09	7:01	
15	Sat	9:52	4.5	10:00	4.8	4:00	-0.1	4:05	-0.1	7:08	7:02	
16	Sun	10:27	4.3	10:32	4.7	4:35	0.0	4:35	0.0	7:06	7:03	
17	Mon	11:05	4.1	11:11	4.7	5:10	0.1	5:07	0.2	7:04	7:04	
18	Tue	11:52	4.0			5:49	0.3	5:43	0.3	7:03	7:05	
19	Wed	12:00	4.6	12:47	3.9	6:38	0.5	6:32	0.5	7:01	7:06	
20	Thu	12:58	4.6	1:46	3.9	7:47	0.6	7:43	0.6	7:00	7:07	
21	Fri	2:01	4.7	2:49	4.0	9:03	0.5	9:06	0.5	6:58	7:08	
22	Sat	3:07	4.7	3:56	4.2	10:10	0.3	10:19	0.2	6:56	7:09	
23	Sun	4:18	4.9	5:04	4.6	11:09	-0.1	11:22	-0.2	6:55	7:10	
24	Mon	5:26	5.1	6:04	5.1			12:02	-0.5	6:53	7:11	
25	Tue	6:26	5.4	6:58	5.6	12:20	-0.6	12:53	-0.8	6:51	7:12	
26	Wed	7:19	5.6	7:48	6.0	1:16	-0.9	1:43	-1.0	6:50	7:13	
27	Thu	8:09	5.7	8:37	6.1	2:10	-1.1	2:33	-1.1	6:48	7:14	
28	Fri	8:59	5.6	9:25	6.1	3:02	-1.1	3:21	-1.1	6:46	7:15	
29	Sat	9:49	5.4	10:15	5.9	3:52	-1.1	4:07	-0.8	6:45	7:16	
30	Sun	10:41	5.0	11:06	5.6	4:40	-0.8	4:52	-0.5	6:43	7:17	
31	Mon	11:35	4.7			5:28	-0.5	5:38	-0.1	6:41	7:18	