

Atlantic Highlands, NJ - Jun 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:27	4.6	2:05	4.5	7:42	0.8	8:14	1.4	5:28	8:19	
2	Mon	2:14	4.4	2:50	4.5	8:34	0.9	9:16	1.4	5:27	8:20	
3	Tue	3:02	4.3	3:37	4.6	9:25	0.9	10:12	1.2	5:27	8:21	
4	Wed	3:54	4.2	4:27	4.8	10:14	0.8	11:04	1.0	5:26	8:21	
5	Thu	4:49	4.2	5:17	5.0	11:01	0.7	11:52	0.8	5:26	8:22	
6	Fri	5:44	4.3	6:03	5.3	11:45	0.6			5:26	8:23	
7	Sat	6:33	4.4	6:46	5.5	12:38	0.5	12:30	0.5	5:26	8:23	
8	Sun	7:18	4.6	7:27	5.7	1:25	0.3	1:16	0.4	5:25	8:24	
9	Mon	8:02	4.7	8:08	5.9	2:12	0.1	2:03	0.3	5:25	8:24	
10	Tue	8:46	4.8	8:51	6.0	2:59	-0.1	2:51	0.2	5:25	8:25	
11	Wed	9:33	4.9	9:37	5.9	3:44	-0.2	3:39	0.1	5:25	8:25	
12	Thu	10:23	4.9	10:28	5.8	4:28	-0.3	4:26	0.2	5:25	8:26	
13	Fri	11:17	5.0	11:23	5.6	5:12	-0.3	5:16	0.2	5:25	8:26	
14	Sat			12:14	5.1	5:59	-0.2	6:11	0.4	5:25	8:27	
15	Sun	12:21	5.4	1:11	5.3	6:52	-0.1	7:15	0.5	5:25	8:27	
16	Mon	1:19	5.2	2:06	5.4	7:50	0.0	8:24	0.6	5:25	8:28	
17	Tue	2:16	5.0	3:01	5.5	8:50	0.1	9:32	0.6	5:25	8:28	
18	Wed	3:15	4.8	3:59	5.6	9:50	0.1	10:35	0.4	5:25	8:28	
19	Thu	4:18	4.7	4:58	5.7	10:46	0.1	11:32	0.2	5:25	8:29	
20	Fri	5:21	4.7	5:55	5.9	11:39	0.1			5:25	8:29	
21	Sat	6:20	4.8	6:47	6.0	12:26	0.1	12:30	0.1	5:25	8:29	
22	Sun	7:13	4.8	7:35	6.0	1:17	0.0	1:20	0.2	5:26	8:29	
23	Mon	8:02	4.9	8:20	5.9	2:07	-0.1	2:10	0.2	5:26	8:30	
24	Tue	8:49	4.9	9:04	5.8	2:54	-0.1	2:57	0.3	5:26	8:30	
25	Wed	9:35	4.8	9:47	5.5	3:37	-0.1	3:41	0.5	5:26	8:30	
26	Thu	10:20	4.7	10:31	5.3	4:17	0.0	4:23	0.6	5:27	8:30	
27	Fri	11:07	4.6	11:15	5.0	4:55	0.2	5:04	0.8	5:27	8:30	
28	Sat	11:54	4.6			5:32	0.3	5:45	1.0	5:28	8:30	
29	Sun	12:01	4.8	12:39	4.6	6:10	0.5	6:31	1.3	5:28	8:30	
30	Mon	12:46	4.5	1:23	4.6	6:51	0.7	7:25	1.4	5:28	8:30	