

Atlantic Highlands, NJ - Jul 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:31	4.4	2:05	4.6	7:37	0.8	8:27	1.4	5:29	8:30	
2	Wed	2:17	4.2	2:48	4.7	8:29	0.9	9:28	1.4	5:29	8:30	
3	Thu	3:05	4.1	3:35	4.8	9:23	0.9	10:26	1.2	5:30	8:30	
4	Fri	4:01	4.1	4:28	5.0	10:16	0.8	11:18	0.9	5:30	8:29	
5	Sat	5:01	4.1	5:22	5.3	11:07	0.7			5:31	8:29	
6	Sun	5:58	4.3	6:14	5.6	12:08	0.6	11:58 AM	0.5	5:32	8:29	
7	Mon	6:49	4.6	7:02	5.9	12:57	0.3	12:48	0.3	5:32	8:29	
8	Tue	7:37	4.8	7:48	6.1	1:46	0.0	1:40	0.1	5:33	8:28	
9	Wed	8:25	5.1	8:35	6.2	2:35	-0.3	2:32	0.0	5:33	8:28	
10	Thu	9:14	5.2	9:23	6.2	3:22	-0.5	3:24	-0.1	5:34	8:28	
11	Fri	10:05	5.4	10:15	6.0	4:08	-0.6	4:14	-0.2	5:35	8:27	
12	Sat	10:59	5.5	11:09	5.8	4:53	-0.6	5:05	-0.1	5:36	8:27	
13	Sun	11:55	5.6			5:39	-0.5	5:59	0.1	5:36	8:26	
14	Mon	12:06	5.5	12:52	5.6	6:29	-0.3	7:00	0.4	5:37	8:26	
15	Tue	1:04	5.2	1:47	5.6	7:25	0.0	8:06	0.6	5:38	8:25	
16	Wed	2:00	4.9	2:41	5.6	8:25	0.2	9:14	0.6	5:39	8:25	
17	Thu	2:58	4.7	3:38	5.6	9:27	0.3	10:18	0.6	5:39	8:24	
18	Fri	3:59	4.5	4:38	5.5	10:26	0.4	11:15	0.5	5:40	8:23	
19	Sat	5:03	4.5	5:36	5.6	11:20	0.4			5:41	8:23	
20	Sun	6:03	4.6	6:29	5.6	12:08	0.3	12:12	0.4	5:42	8:22	
21	Mon	6:56	4.7	7:16	5.7	12:58	0.2	1:01	0.4	5:43	8:21	
22	Tue	7:43	4.8	7:59	5.7	1:44	0.1	1:49	0.4	5:44	8:20	
23	Wed	8:26	4.9	8:40	5.6	2:29	0.1	2:34	0.5	5:44	8:20	
24	Thu	9:08	4.9	9:20	5.5	3:10	0.1	3:18	0.5	5:45	8:19	
25	Fri	9:49	4.9	10:00	5.3	3:48	0.1	3:58	0.6	5:46	8:18	
26	Sat	10:30	4.8	10:40	5.0	4:23	0.2	4:36	0.7	5:47	8:17	
27	Sun	11:12	4.8	11:21	4.8	4:57	0.3	5:14	0.9	5:48	8:16	
28	Mon	11:53	4.7			5:30	0.5	5:53	1.1	5:49	8:15	
29	Tue	12:04	4.5	12:35	4.7	6:04	0.7	6:39	1.3	5:50	8:14	
30	Wed	12:48	4.3	1:16	4.7	6:42	0.8	7:35	1.4	5:51	8:13	
31	Thu	1:34	4.2	1:59	4.8	7:30	1.0	8:42	1.4	5:52	8:12	