

Atlantic Highlands, NJ - Sep 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:51	4.3	4:11	5.3	10:08	0.9	11:09	0.6	6:23	7:29	
2	Tue	4:57	4.6	5:17	5.6	11:10	0.5			6:23	7:27	
3	Wed	5:57	5.1	6:15	5.9	12:01	0.2	12:07	0.2	6:24	7:26	
4	Thu	6:51	5.6	7:08	6.2	12:51	-0.2	1:02	-0.2	6:25	7:24	
5	Fri	7:41	6.0	7:58	6.3	1:40	-0.5	1:57	-0.4	6:26	7:22	
6	Sat	8:30	6.3	8:48	6.3	2:30	-0.7	2:51	-0.6	6:27	7:21	
7	Sun	9:20	6.4	9:38	6.1	3:18	-0.8	3:43	-0.6	6:28	7:19	
8	Mon	10:12	6.4	10:32	5.8	4:05	-0.7	4:34	-0.4	6:29	7:18	
9	Tue	11:06	6.2	11:29	5.4	4:51	-0.4	5:25	-0.1	6:30	7:16	
10	Wed			12:03	5.9	5:40	-0.1	6:20	0.3	6:31	7:14	
11	Thu	12:28	5.1	1:01	5.7	6:34	0.4	7:22	0.6	6:32	7:13	
12	Fri	1:27	4.8	1:57	5.4	7:35	0.7	8:29	0.8	6:33	7:11	
13	Sat	2:25	4.6	2:53	5.2	8:42	1.0	9:34	0.9	6:34	7:09	
14	Sun	3:23	4.5	3:51	5.1	9:47	1.1	10:31	0.8	6:35	7:08	
15	Mon	4:23	4.5	4:49	5.1	10:44	1.0	11:21	0.7	6:36	7:06	
16	Tue	5:20	4.6	5:43	5.1	11:34	0.9			6:37	7:04	
17	Wed	6:11	4.8	6:29	5.2	12:05	0.6	12:20	0.7	6:38	7:03	
18	Thu	6:54	5.1	7:10	5.3	12:45	0.5	1:03	0.6	6:39	7:01	
19	Fri	7:32	5.3	7:49	5.3	1:24	0.4	1:46	0.5	6:40	6:59	
20	Sat	8:09	5.4	8:25	5.3	2:02	0.3	2:27	0.5	6:41	6:58	
21	Sun	8:43	5.4	9:01	5.1	2:39	0.3	3:07	0.5	6:42	6:56	
22	Mon	9:16	5.4	9:36	4.9	3:15	0.4	3:45	0.5	6:43	6:54	
23	Tue	9:47	5.3	10:12	4.7	3:49	0.5	4:22	0.7	6:44	6:53	
24	Wed	10:18	5.2	10:50	4.5	4:20	0.6	4:57	0.8	6:45	6:51	
25	Thu	10:54	5.1	11:34	4.3	4:52	0.8	5:35	1.0	6:46	6:49	
26	Fri	11:40	5.0			5:26	0.9	6:21	1.1	6:47	6:48	
27	Sat	12:28	4.2	12:36	5.0	6:09	1.1	7:23	1.2	6:48	6:46	
28	Sun	1:26	4.2	1:37	5.1	7:12	1.2	8:36	1.2	6:49	6:44	
29	Mon	2:25	4.4	2:39	5.2	8:33	1.1	9:42	0.9	6:50	6:43	
30	Tue	3:27	4.6	3:44	5.3	9:48	0.9	10:40	0.5	6:51	6:41	