

Atlantic Highlands, NJ - Feb 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:08	5.0	8:32	4.5	2:05	-0.4	2:33	-0.7	7:06	5:13	●
2	Mon	8:48	4.8	9:13	4.5	2:46	-0.3	3:09	-0.6	7:05	5:14	●
3	Tue	9:28	4.6	9:53	4.3	3:24	-0.2	3:43	-0.4	7:04	5:15	●
4	Wed	10:09	4.3	10:34	4.2	4:01	0.0	4:16	-0.2	7:03	5:17	◐
5	Thu	10:51	4.0	11:15	4.1	4:39	0.2	4:49	0.0	7:02	5:18	◐
6	Fri	11:35	3.8	11:58	4.0	5:20	0.5	5:26	0.2	7:00	5:19	◐
7	Sat			12:21	3.6	6:11	0.7	6:11	0.4	6:59	5:20	◐
8	Sun	12:42	4.0	1:09	3.5	7:16	0.8	7:11	0.6	6:58	5:21	◐
9	Mon	1:29	4.0	2:03	3.4	8:24	0.8	8:17	0.5	6:57	5:23	◐
10	Tue	2:23	4.1	3:04	3.5	9:25	0.6	9:20	0.4	6:56	5:24	◐
11	Wed	3:25	4.3	4:08	3.7	10:20	0.3	10:17	0.1	6:55	5:25	◐
12	Thu	4:27	4.6	5:05	4.0	11:10	-0.1	11:10	-0.2	6:54	5:26	○
13	Fri	5:22	4.9	5:55	4.4	11:59	-0.5			6:52	5:27	○
14	Sat	6:10	5.3	6:42	4.8	12:01	-0.6	12:46	-0.8	6:51	5:29	○
15	Sun	6:57	5.5	7:28	5.1	12:53	-0.9	1:33	-1.1	6:50	5:30	○
16	Mon	7:43	5.6	8:15	5.3	1:44	-1.1	2:19	-1.2	6:49	5:31	○
17	Tue	8:31	5.5	9:04	5.4	2:34	-1.2	3:03	-1.3	6:47	5:32	○
18	Wed	9:22	5.3	9:56	5.4	3:23	-1.1	3:48	-1.2	6:46	5:33	○
19	Thu	10:16	5.0	10:52	5.3	4:13	-0.9	4:34	-1.0	6:45	5:35	○
20	Fri	11:13	4.7	11:49	5.1	5:07	-0.6	5:26	-0.6	6:43	5:36	○
21	Sat			12:12	4.4	6:07	-0.3	6:26	-0.3	6:42	5:37	○
22	Sun	12:47	4.9	1:12	4.2	7:16	0.0	7:33	0.0	6:40	5:38	◐
23	Mon	1:45	4.8	2:13	4.0	8:25	0.1	8:41	0.1	6:39	5:39	◐
24	Tue	2:47	4.6	3:18	3.9	9:29	0.0	9:43	0.1	6:38	5:40	◐
25	Wed	3:51	4.6	4:22	4.0	10:25	-0.1	10:38	0.0	6:36	5:42	◐
26	Thu	4:50	4.7	5:18	4.2	11:15	-0.2	11:29	-0.1	6:35	5:43	◐
27	Fri	5:41	4.8	6:05	4.5			12:00	-0.3	6:33	5:44	◐
28	Sat	6:25	4.9	6:47	4.6	12:15	-0.2	12:43	-0.4	6:32	5:45	◐
29	Sun	7:05	5.0	7:26	4.7	1:00	-0.3	1:23	-0.5	6:30	5:46	◐