

Atlantic Highlands, NJ - Apr 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:31	4.6	8:38	5.0	2:36	-0.1	2:38	0.0	5:39	6:20	●
2	Fri	9:07	4.4	9:10	4.9	3:12	0.0	3:11	0.2	5:37	6:21	●
3	Sat	9:45	4.2	9:42	4.8	3:47	0.2	3:42	0.4	5:35	6:22	●
4	Sun	10:26	4.0	10:20	4.6	4:22	0.4	4:15	0.5	5:34	6:23	◐
5	Mon	11:12	3.9	11:07	4.6	5:00	0.5	4:52	0.7	5:32	6:24	◐
6	Tue			12:04	3.9	5:49	0.7	5:42	0.8	5:31	6:25	◐
7	Wed	12:03	4.6	12:59	4.0	6:55	0.8	6:55	0.9	5:29	6:26	◐
8	Thu	1:03	4.6	1:56	4.2	8:05	0.7	8:14	0.8	5:27	6:27	◐
9	Fri	2:06	4.7	2:58	4.4	9:07	0.4	9:23	0.4	5:26	6:28	◐
10	Sat	3:14	4.8	4:02	4.9	10:03	0.1	10:24	0.0	5:24	6:30	◐
11	Sun	4:21	5.1	5:00	5.4	10:55	-0.3	11:20	-0.4	5:23	6:31	○
12	Mon	5:20	5.3	5:52	5.9	11:45	-0.6			5:21	6:32	○
13	Tue	6:14	5.5	6:42	6.2	12:15	-0.7	12:36	-0.8	5:20	6:33	○
14	Wed	7:05	5.6	7:32	6.4	1:09	-1.0	1:26	-0.9	5:18	6:34	○
15	Thu	7:56	5.6	8:22	6.4	2:02	-1.1	2:17	-0.9	5:16	6:35	○
16	Fri	8:49	5.4	9:14	6.2	2:53	-1.0	3:06	-0.7	5:15	6:36	○
17	Sat	9:44	5.2	10:09	5.9	3:43	-0.8	3:55	-0.4	5:13	6:37	○
18	Sun	10:43	4.9	11:06	5.5	4:34	-0.5	4:46	0.0	5:12	6:38	○
19	Mon	11:42	4.7			5:28	-0.2	5:42	0.4	5:11	6:39	○
20	Tue	12:04	5.2	12:40	4.6	6:28	0.2	6:47	0.7	5:09	6:40	○
21	Wed	12:59	4.9	1:35	4.5	7:30	0.4	7:55	0.9	5:08	6:41	◐
22	Thu	1:54	4.7	2:30	4.4	8:30	0.5	8:57	0.9	5:06	6:42	◐
23	Fri	2:49	4.5	3:26	4.5	9:23	0.5	9:52	0.8	5:05	6:43	◐
24	Sat	3:46	4.5	4:19	4.7	10:09	0.4	10:40	0.6	5:03	6:44	◐
25	Sun	5:39	4.5	6:06	4.9	11:52	0.3			6:02	7:45	◐
26	Mon	6:27	4.6	6:48	5.1	12:25	0.4	12:32	0.3	6:01	7:46	◐
27	Tue	7:09	4.7	7:26	5.3	1:08	0.3	1:12	0.2	5:59	7:47	◐
28	Wed	7:49	4.7	8:02	5.4	1:51	0.2	1:51	0.2	5:58	7:48	◐
29	Thu	8:27	4.7	8:35	5.4	2:32	0.1	2:30	0.3	5:57	7:49	●
30	Fri	9:05	4.6	9:08	5.3	3:13	0.1	3:08	0.3	5:55	7:50	●