

## Atlantic Highlands, NJ - Jun 1978

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Thu | 4:54  | 4.8 | 5:28  | 5.4 | 11:14 | 0.2  | 11:57 | 0.3  | 5:27                                                                                | 8:19 |    |
| 2    | Fri | 5:50  | 4.8 | 6:17  | 5.5 |       |      | 12:00 | 0.2  | 5:27                                                                                | 8:20 |    |
| 3    | Sat | 6:40  | 4.8 | 7:01  | 5.6 | 12:44 | 0.2  | 12:44 | 0.2  | 5:27                                                                                | 8:21 |    |
| 4    | Sun | 7:26  | 4.8 | 7:41  | 5.7 | 1:30  | 0.2  | 1:27  | 0.3  | 5:26                                                                                | 8:21 |    |
| 5    | Mon | 8:09  | 4.8 | 8:20  | 5.6 | 2:15  | 0.1  | 2:09  | 0.4  | 5:26                                                                                | 8:22 |    |
| 6    | Tue | 8:51  | 4.7 | 8:58  | 5.5 | 2:57  | 0.1  | 2:51  | 0.5  | 5:26                                                                                | 8:23 |    |
| 7    | Wed | 9:33  | 4.6 | 9:36  | 5.3 | 3:38  | 0.1  | 3:32  | 0.6  | 5:25                                                                                | 8:23 |    |
| 8    | Thu | 10:16 | 4.5 | 10:13 | 5.2 | 4:16  | 0.2  | 4:10  | 0.7  | 5:25                                                                                | 8:24 |    |
| 9    | Fri | 11:01 | 4.4 | 10:52 | 5.0 | 4:53  | 0.3  | 4:47  | 0.9  | 5:25                                                                                | 8:25 |    |
| 10   | Sat | 11:47 | 4.4 | 11:33 | 4.8 | 5:29  | 0.5  | 5:25  | 1.0  | 5:25                                                                                | 8:25 |    |
| 11   | Sun |       |     | 12:33 | 4.3 | 6:07  | 0.6  | 6:07  | 1.2  | 5:25                                                                                | 8:26 |    |
| 12   | Mon | 12:17 | 4.6 | 1:17  | 4.4 | 6:49  | 0.7  | 6:59  | 1.3  | 5:25                                                                                | 8:26 |   |
| 13   | Tue | 1:04  | 4.6 | 2:01  | 4.5 | 7:38  | 0.8  | 8:03  | 1.3  | 5:25                                                                                | 8:27 |  |
| 14   | Wed | 1:53  | 4.5 | 2:46  | 4.7 | 8:33  | 0.8  | 9:11  | 1.2  | 5:25                                                                                | 8:27 |  |
| 15   | Thu | 2:46  | 4.5 | 3:37  | 5.0 | 9:30  | 0.7  | 10:13 | 0.9  | 5:25                                                                                | 8:27 |  |
| 16   | Fri | 3:46  | 4.5 | 4:33  | 5.3 | 10:24 | 0.5  | 11:10 | 0.5  | 5:25                                                                                | 8:28 |  |
| 17   | Sat | 4:51  | 4.6 | 5:30  | 5.7 | 11:17 | 0.2  |       |      | 5:25                                                                                | 8:28 |  |
| 18   | Sun | 5:53  | 4.8 | 6:25  | 6.1 | 12:05 | 0.2  | 12:10 | 0.0  | 5:25                                                                                | 8:28 |  |
| 19   | Mon | 6:50  | 5.1 | 7:17  | 6.4 | 12:59 | -0.2 | 1:03  | -0.2 | 5:25                                                                                | 8:29 |  |
| 20   | Tue | 7:44  | 5.3 | 8:08  | 6.6 | 1:53  | -0.5 | 1:59  | -0.3 | 5:25                                                                                | 8:29 |  |
| 21   | Wed | 8:38  | 5.4 | 9:00  | 6.6 | 2:47  | -0.7 | 2:54  | -0.4 | 5:25                                                                                | 8:29 |  |
| 22   | Thu | 9:33  | 5.5 | 9:54  | 6.4 | 3:39  | -0.8 | 3:48  | -0.4 | 5:26                                                                                | 8:29 |  |
| 23   | Fri | 10:30 | 5.5 | 10:50 | 6.2 | 4:29  | -0.8 | 4:41  | -0.2 | 5:26                                                                                | 8:30 |  |
| 24   | Sat | 11:29 | 5.4 | 11:48 | 5.9 | 5:19  | -0.7 | 5:35  | 0.0  | 5:26                                                                                | 8:30 |  |
| 25   | Sun |       |     | 12:28 | 5.4 | 6:10  | -0.5 | 6:32  | 0.3  | 5:27                                                                                | 8:30 |  |
| 26   | Mon | 12:45 | 5.6 | 1:24  | 5.4 | 7:04  | -0.2 | 7:36  | 0.6  | 5:27                                                                                | 8:30 |  |
| 27   | Tue | 1:40  | 5.3 | 2:18  | 5.3 | 8:01  | 0.0  | 8:42  | 0.7  | 5:27                                                                                | 8:30 |  |
| 28   | Wed | 2:34  | 5.0 | 3:10  | 5.3 | 8:59  | 0.2  | 9:44  | 0.8  | 5:28                                                                                | 8:30 |  |
| 29   | Thu | 3:28  | 4.7 | 4:03  | 5.2 | 9:53  | 0.4  | 10:41 | 0.7  | 5:28                                                                                | 8:30 |  |
| 30   | Fri | 4:24  | 4.5 | 4:57  | 5.3 | 10:43 | 0.4  | 11:33 | 0.6  | 5:29                                                                                | 8:30 |  |