

Atlantic Highlands, NJ - Sep 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:33	5.0	7:43	5.4	1:31	0.4	1:35	0.5	6:23	7:28	
2	Sat	8:11	5.2	8:18	5.4	2:11	0.3	2:18	0.4	6:24	7:27	
3	Sun	8:47	5.2	8:53	5.4	2:49	0.2	3:00	0.4	6:25	7:25	
4	Mon	9:22	5.3	9:27	5.3	3:26	0.2	3:40	0.4	6:26	7:24	
5	Tue	9:58	5.3	10:04	5.2	4:01	0.2	4:19	0.4	6:27	7:22	
6	Wed	10:37	5.3	10:46	5.0	4:34	0.3	4:59	0.5	6:28	7:20	
7	Thu	11:22	5.3	11:37	4.8	5:09	0.4	5:43	0.6	6:29	7:19	
8	Fri			12:15	5.4	5:49	0.6	6:37	0.8	6:30	7:17	
9	Sat	12:36	4.7	1:13	5.4	6:41	0.7	7:45	0.9	6:30	7:15	
10	Sun	1:38	4.6	2:13	5.4	7:52	0.8	8:58	0.8	6:31	7:14	
11	Mon	2:42	4.7	3:16	5.5	9:09	0.8	10:05	0.6	6:32	7:12	
12	Tue	3:49	4.8	4:23	5.7	10:19	0.5	11:05	0.2	6:33	7:11	
13	Wed	4:58	5.1	5:28	5.9	11:21	0.2			6:34	7:09	
14	Thu	6:00	5.4	6:26	6.1	12:00	-0.1	12:18	0.0	6:35	7:07	
15	Fri	6:55	5.8	7:18	6.3	12:52	-0.4	1:13	-0.2	6:36	7:05	
16	Sat	7:46	6.1	8:07	6.3	1:42	-0.5	2:06	-0.4	6:37	7:04	
17	Sun	8:34	6.2	8:55	6.1	2:30	-0.6	2:57	-0.4	6:38	7:02	
18	Mon	9:21	6.1	9:43	5.9	3:17	-0.5	3:45	-0.3	6:39	7:00	
19	Tue	10:08	6.0	10:32	5.5	4:01	-0.3	4:32	0.0	6:40	6:59	
20	Wed	10:56	5.7	11:23	5.2	4:42	0.0	5:17	0.3	6:41	6:57	
21	Thu	11:45	5.4			5:24	0.4	6:04	0.6	6:42	6:55	
22	Fri	12:15	4.8	12:36	5.2	6:07	0.7	6:57	1.0	6:43	6:54	
23	Sat	1:08	4.6	1:27	4.9	6:57	1.1	7:57	1.2	6:44	6:52	
24	Sun	2:00	4.4	2:17	4.8	7:56	1.3	8:59	1.3	6:45	6:50	
25	Mon	2:52	4.3	3:08	4.7	8:59	1.4	9:56	1.2	6:46	6:49	
26	Tue	3:46	4.3	4:03	4.7	9:58	1.3	10:47	1.0	6:47	6:47	
27	Wed	4:42	4.5	4:58	4.8	10:51	1.2	11:32	0.8	6:48	6:45	
28	Thu	5:35	4.7	5:49	5.0	11:39	0.9			6:49	6:44	
29	Fri	6:21	5.0	6:33	5.2	12:14	0.6	12:24	0.7	6:50	6:42	
30	Sat	7:02	5.2	7:13	5.3	12:54	0.4	1:08	0.5	6:51	6:40	