

Atlantic Highlands, NJ - May 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:21	4.4	6:05	0.3	6:04	0.8	5:55	7:50	
2	Wed	12:28	4.8	1:13	4.3	6:54	0.6	6:55	1.1	5:54	7:51	
3	Thu	1:18	4.6	2:03	4.2	7:50	0.8	7:56	1.3	5:53	7:52	
4	Fri	2:08	4.4	2:53	4.2	8:48	0.9	9:00	1.3	5:51	7:53	
5	Sat	2:58	4.3	3:44	4.3	9:42	0.9	10:00	1.2	5:50	7:55	
6	Sun	3:52	4.3	4:37	4.5	10:32	0.8	10:53	1.0	5:49	7:56	
7	Mon	4:48	4.3	5:28	4.7	11:17	0.6	11:42	0.7	5:48	7:57	
8	Tue	5:41	4.4	6:13	5.0			12:00	0.4	5:47	7:58	
9	Wed	6:28	4.6	6:54	5.3	12:28	0.5	12:41	0.3	5:46	7:59	
10	Thu	7:10	4.8	7:32	5.6	1:13	0.2	1:23	0.2	5:44	8:00	
11	Fri	7:51	4.9	8:09	5.7	1:59	0.0	2:05	0.1	5:43	8:01	
12	Sat	8:31	4.9	8:48	5.8	2:44	-0.2	2:48	0.1	5:42	8:02	
13	Sun	9:14	4.9	9:30	5.9	3:29	-0.3	3:31	0.1	5:41	8:03	
14	Mon	10:01	4.8	10:17	5.8	4:13	-0.3	4:14	0.1	5:40	8:03	
15	Tue	10:53	4.8	11:10	5.7	4:58	-0.3	5:00	0.2	5:39	8:04	
16	Wed	11:52	4.7			5:46	-0.1	5:51	0.4	5:38	8:05	
17	Thu	12:10	5.5	12:52	4.8	6:41	0.0	6:53	0.6	5:38	8:06	
18	Fri	1:11	5.4	1:51	4.9	7:42	0.1	8:06	0.7	5:37	8:07	
19	Sat	2:10	5.3	2:50	5.0	8:47	0.1	9:18	0.6	5:36	8:08	
20	Sun	3:10	5.2	3:50	5.2	9:47	0.0	10:23	0.4	5:35	8:09	
21	Mon	4:12	5.1	4:51	5.5	10:44	-0.1	11:22	0.2	5:34	8:10	
22	Tue	5:15	5.1	5:48	5.7	11:36	-0.2			5:33	8:11	
23	Wed	6:12	5.2	6:40	5.9	12:16	0.0	12:25	-0.3	5:33	8:12	
24	Thu	7:04	5.2	7:27	6.0	1:08	-0.2	1:13	-0.2	5:32	8:13	
25	Fri	7:53	5.2	8:11	6.0	1:58	-0.3	2:00	-0.1	5:31	8:14	
26	Sat	8:39	5.1	8:54	5.9	2:46	-0.3	2:46	0.0	5:31	8:14	
27	Sun	9:26	5.0	9:36	5.7	3:32	-0.2	3:30	0.2	5:30	8:15	
28	Mon	10:13	4.8	10:20	5.4	4:14	-0.1	4:11	0.4	5:30	8:16	
29	Tue	11:01	4.6	11:05	5.1	4:55	0.1	4:52	0.7	5:29	8:17	
30	Wed	11:51	4.5	11:52	4.9	5:35	0.3	5:33	0.9	5:28	8:18	
31	Thu			12:41	4.4	6:18	0.6	6:18	1.2	5:28	8:18	