

Atlantic Highlands, NJ - Jun 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:40	4.7	1:29	4.4	7:05	0.8	7:12	1.4	5:28	8:19	
2	Sat	1:27	4.5	2:16	4.4	7:57	0.9	8:14	1.4	5:27	8:20	
3	Sun	2:13	4.4	3:02	4.5	8:51	0.9	9:17	1.4	5:27	8:21	
4	Mon	3:01	4.3	3:50	4.6	9:42	0.9	10:14	1.2	5:26	8:21	
5	Tue	3:54	4.3	4:41	4.9	10:31	0.7	11:06	0.9	5:26	8:22	
6	Wed	4:51	4.3	5:30	5.1	11:16	0.6	11:55	0.6	5:26	8:23	
7	Thu	5:46	4.5	6:16	5.5			12:01	0.4	5:26	8:23	
8	Fri	6:36	4.6	7:00	5.8	12:43	0.3	12:46	0.3	5:25	8:24	
9	Sat	7:23	4.8	7:43	6.0	1:32	0.0	1:33	0.2	5:25	8:24	
10	Sun	8:09	4.9	8:27	6.2	2:21	-0.2	2:22	0.1	5:25	8:25	
11	Mon	8:56	5.0	9:14	6.2	3:10	-0.4	3:11	0.0	5:25	8:25	
12	Tue	9:47	5.1	10:05	6.1	3:57	-0.5	4:01	0.0	5:25	8:26	
13	Wed	10:42	5.1	11:00	6.0	4:44	-0.5	4:51	0.1	5:25	8:26	
14	Thu	11:41	5.1	11:59	5.8	5:33	-0.4	5:44	0.2	5:25	8:27	
15	Fri			12:41	5.2	6:25	-0.3	6:45	0.4	5:25	8:27	
16	Sat	12:58	5.5	1:38	5.3	7:22	-0.1	7:53	0.6	5:25	8:28	
17	Sun	1:55	5.3	2:34	5.3	8:23	0.0	9:02	0.6	5:25	8:28	
18	Mon	2:52	5.1	3:30	5.4	9:22	0.0	10:06	0.5	5:25	8:28	
19	Tue	3:51	4.9	4:29	5.5	10:19	0.0	11:05	0.4	5:25	8:29	
20	Wed	4:52	4.8	5:26	5.6	11:11	0.0	11:59	0.2	5:25	8:29	
21	Thu	5:51	4.8	6:18	5.7			12:00	0.1	5:25	8:29	
22	Fri	6:44	4.9	7:05	5.8	12:49	0.1	12:48	0.1	5:26	8:29	
23	Sat	7:32	4.9	7:49	5.8	1:38	0.0	1:34	0.2	5:26	8:30	
24	Sun	8:18	4.9	8:30	5.7	2:25	0.0	2:20	0.3	5:26	8:30	
25	Mon	9:02	4.8	9:11	5.6	3:09	0.0	3:04	0.4	5:26	8:30	
26	Tue	9:47	4.7	9:52	5.4	3:50	0.1	3:46	0.5	5:27	8:30	
27	Wed	10:32	4.6	10:33	5.2	4:29	0.2	4:26	0.7	5:27	8:30	
28	Thu	11:19	4.6	11:15	4.9	5:06	0.3	5:05	0.9	5:28	8:30	
29	Fri			12:05	4.5	5:43	0.5	5:45	1.1	5:28	8:30	
30	Sat			12:51	4.5	6:22	0.7	6:31	1.3	5:28	8:30	